

	3 from 4 Total Points				F	Class	Race 1		Race 2		Race 3		Race 4	
							Ilkley Harriers		Nidd Valley RR		Swaledale RR		Dragons RC	
							8-May-2014	20-May-2014	4-Jun-2014	19-Jun-2014				
						Time	Points	Time	Points	Time	Points	Time	Points	
1	<b>300.00</b>	751	Mike Burrett	HARROGATE HARR & AC					28.47	100.00	33.03	100.00	30.45	100.00
2	<b>299.34</b>	211	Andrew Grant	HARROGATE HARR & AC		V40	27.35	100.00	29.17	99.72	33.46	99.30	31.23	99.62
3	<b>298.39</b>	3	Scott Harrington	OTLEY AC			27.59	99.70	29.46	99.45	34.11	98.95	32.11	99.24
4	<b>296.84</b>	508	Paul Millgate	WETHERBY RUNNERS		V40	28.21	99.41	30.00	99.18	34.58	98.25	33.12	97.34
5	<b>295.51</b>	197	Jonathon Johnson	HARROGATE HARR & AC			28.34	98.54	31.02	98.37	34.55	98.60		
6	<b>294.77</b>	213	John Young	HARROGATE HARR & AC			28.41	97.96	30.39	98.91	35.08	97.90		
7	<b>294.51</b>	767	Ed Beecher	HARROGATE HARR & AC		U18			31.12	98.10	35.32	97.55	32.25	98.86
8	<b>294.38</b>	383	Michael Elgie	RIPON RUNNERS			28.33	98.83	31.16	97.83			33.09	97.72
9	<b>293.95</b>	539	Joseph Kwallah	WETHERBY RUNNERS		V45	29.14	97.09	30.51	98.64	35.45	97.21	33.07	98.10
10	<b>289.84</b>	382	Reece Dalton	RIPON RUNNERS		U16			31.45	96.75	36.02	96.51	33.31	96.58
11	<b>288.65</b>	328	Ken Harker	RICH & ZET HARR		V40	29.49	95.35	31.42	97.02	36.21	95.81	34.24	95.82
12	<b>287.42</b>	517	Paul Nelson	WETHERBY RUNNERS		V45	29.53	95.06	32.29	94.59	36.11	96.16	33.42	96.20
13	<b>286.27</b>	518	Tim Street	WETHERBY RUNNERS			29.43	95.64	32.04	96.21	37.14	94.42		
14	<b>285.01</b>	524	Robert Gray	WETHERBY RUNNERS		V50	29.31	95.93	32.46	93.50	37.09	94.77	34.48	94.31
15	<b>283.71</b>	674	Mark Mon-Williams	ILKLEY HARRIERS		V45	30.20	93.90	32.24	95.13			34.47	94.68
16	<b>283.20</b>	380	Sharon Barlow	RIPON RUNNERS	F	V35	30.26	93.03	34.15	88.36	37.55	95.11	34.39	95.06
17	<b>281.47</b>	395	James Boddy	RIPON RUNNERS			30.22	93.61	32.40	94.31	38.21	89.54	35.32	93.55
18	<b>279.65</b>	5	Richard Smith	OTLEY AC			30.16	94.19	33.27	91.88	37.43	92.67	35.35	92.79
19	<b>278.47</b>	271	Stuart Smith	SWALEDALE RR			30.24	93.32	32.20	95.40			36.37	89.75
20	<b>278.18</b>	266	Steve Brown	SWALEDALE RR		V55	30.39	92.16	32.41	94.04	37.55	91.98		
21	<b>276.49</b>	161	Harry Brook-Dobson	HARROGATE HARR & AC		U18*	30.33	92.74	33.32	91.34	38.18	89.89	36.07	92.41
22	<b>274.62</b>	236	Dick Waddington	ILKLEY HARRIERS		V40	30.37	92.45			37.51	91.28	36.18	90.89
23	<b>274.60</b>	332	Rob Scott	RICH & ZET HARR			31.13	91.00			37.44	92.33	36.17	91.27
24	<b>271.48</b>	333	Chris Barker	RICH & ZET HARR			31.26	89.83	33.33	91.07	38.07	90.58		
25	<b>270.23</b>	268	Neil Bowmer	SWALEDALE RR		V45	31.33	89.25	33.29	91.61	38.49	87.10	36.51	89.37
26	<b>269.69</b>	210	Ben Grant	HARROGATE HARR & AC		V65	31.14	90.70	33.49	89.99	39.18	85.70	36.56	89.00
27	<b>266.30</b>	291	David Atkinson	SWALEDALE RR		V40	31.30	89.54	34.01	88.90	38.40	87.79	37.14	87.86
28	<b>265.35</b>	535	Robert Whitaker	WETHERBY RUNNERS			31.38	88.96	34.27	87.55	38.28	88.84	39.06	81.03
29	<b>265.33</b>	556	Sam Buck	WETHERBY RUNNERS		U16	32.37	85.48	33.56	89.72	40.06	82.91	36.32	90.13
30	<b>262.24</b>	274	Derek Parrington	SWALEDALE RR		V50	32.04	87.51	34.32	87.28	38.44	87.45	40.07	77.24

3 from 4 Total Points						Race 1 Ilkley Harriers 8-May-2014		Race 2 Nidd Valley RR 20-May-2014		Race 3 Swaledale RR 4-Jun-2014		Race 4 Dragons RC 19-Jun-2014				
				F	Class	Time	Points	Time	Points	Time	Points	Time	Points			
31	<b>261.33</b>	537	Lisa Mawer			WETHERBY RUNNERS	F	V45	32.11	87.22	34.37	87.01	39.23	85.01	37.18	87.10
32	<b>259.36</b>	731	Keith Emery			KNARESBOROUGH			32.31	85.77	35.20	84.85	39.21	85.35	37.06	88.24
33	<b>259.07</b>	193	Nathan Smith			HARROGATE HARR & AC		V40	33.26	80.25	34.48	86.74	39.06	86.75	37.51	85.58
34	<b>258.11</b>	370	Tori Green			RIPON RUNNERS	F		31.49	88.38	35.34	83.77			37.41	85.96
35	<b>256.74</b>	166	Tim Palmer			HARROGATE HARR & AC		V40	32.27	86.06			39.34	83.96	37.19	86.72
36	<b>255.00</b>	235	Jane McCarthy			ILKLEY HARRIERS	F	V40	32.48	84.90	35.08	85.66	41.39	75.25	38.14	84.44
37	<b>254.76</b>	153	Nick Andralojc			HARROGATE HARR & AC		V50	33.94	78.22	35.04	86.20	40.14	82.22	37.27	86.34
38	<b>254.24</b>	253	Andrew Sheldon			ILKLEY HARRIERS		V45			34.54	86.47	40.12	82.57	37.55	85.20
39	<b>250.39</b>	196	Simon Watson			HARROGATE HARR & AC		V50	32.57	83.16	35.40	82.41	40.24	81.87	38.03	84.82
40	<b>248.04</b>	61	Simon Toyne			OTLEY AC			33.17	82.00	35.14	85.39			39.08	80.65
41	<b>246.26</b>	393	Donna Riddier			RIPON RUNNERS	F	V35	33.21	81.41			40.41	81.17	38.24	83.68
42	<b>246.16</b>	201	Adam Prentis			HARROGATE HARR & AC		V50	33.33	79.38	35.53	81.33	40.36	81.52	38.30	83.31
43	<b>245.95</b>	261	Robbie Kelly			SWALEDALE RR		V55	33.23	80.83	36.00	81.06	41.35	75.94	38.21	84.06
44	<b>244.63</b>	272	Andrew Fletcher			SWALEDALE RR		V55	33.19	81.70	35.35	83.50	41.07	79.43		
45	<b>243.15</b>	368	Paul Waker			RIPON RUNNERS		V45	33.05	82.58	36.05	80.79	41.06	79.78		
46	<b>241.41</b>	399	Andrew Turner			RIPON RUNNERS		V50	33.36	78.80	35.41	82.14	41.03	80.47	39.51	78.00
47	<b>239.88</b>	273	Andy Gaines			SWALEDALE RR		V50	33.38	77.93	36.39	79.17	40.51	80.82	39.30	79.89
48	<b>239.13</b>	147	Geoff Hirst			HARROGATE HARR & AC			33.34	78.51			41.17	77.69	38.35	82.93
49	<b>234.80</b>	262	Mark Sowerby			SWALEDALE RR		V40			36.38	79.44	41.24	76.99	39.50	78.37
50	<b>234.35</b>	299	Jonathon Tennant			SWALEDALE RR			33.55	76.19	35.43	81.87	41.30	76.29		
51	<b>232.31</b>	532	David Carberry			WETHERBY RUNNERS		V40			36.48	78.63	42.16	74.55	39.47	79.13
52	<b>232.25</b>	423	Rob Burn			THIRSK & S HARR		V60	33.58	75.90	36.36	79.71	41.25	76.64		
53	<b>232.02</b>	628	Carol Morgan			NIDD VALLEY RR	F	V40	33.51	77.06			41.23	77.34	40.05	77.62
54	<b>230.93</b>	515	David Fennah			WETHERBY RUNNERS		V40	34.01	75.61	36.33	79.98	42.42	73.50	40.30	75.34
55	<b>229.99</b>	156	Steve Kirk			HARROGATE HARR & AC		V40	34.08	75.32	36.56	77.81			40.10	76.86
56	<b>229.69</b>	195	Ben Shacklock			HARROGATE HARR & AC			33.40	77.64	37.13	76.46	41.37	75.59		
57	<b>229.58</b>	111	Kevin Nicholas			DRAGONS RUNNING CLUB		V50	34.13	74.74	36.50	78.36			40.16	76.48
58	<b>227.13</b>	181	Paul Waddington			HARROGATE HARR & AC		V40			37.25	75.92	42.55	72.46	39.48	78.75
59	<b>227.03</b>	263	Jackie Keavney			SWALEDALE RR	F	V45	34.25	73.29	37.12	76.73	42.26	74.20	40.22	76.10
60	<b>226.92</b>	566	Andy Robinson			KNARESBOROUGH			34.58	71.54	37.31	75.11	43.11	70.71	39.08	80.27

3 from 4 Total Points															
				Race 1		Race 2		Race 3		Race 4					
				Ilkley Harriers		Nidd Valley RR		Swaledale RR		Dragons RC					
				8-May-2014		20-May-2014		4-Jun-2014		19-Jun-2014					
				F	Class	Time	Points	Time	Points	Time	Points	Time	Points		
61	<b>225.77</b>	608	Matt Rickard			NIDD VALLEY RR		34.45	72.41			42.41	73.85	39.41	79.51
62	<b>222.00</b>	293	Alan Mackay		V40	SWALEDALE RR				37.03	77.27	42.52	72.80	41.13	71.93
63	<b>218.63</b>	173	Adam Couldwell			HARROGATE HARR & AC		34.36	73.00	38.13	71.05	44.26	62.70	40.42	74.58
64	<b>217.65</b>	192	John Dalby		V55	HARROGATE HARR & AC		36.90	63.70	37.29	75.65	43.22	69.32	41.06	72.68
65	<b>217.17</b>	397	Alan Hansen		V50	RIPON RUNNERS				38.05	72.95	43.21	70.02	40.47	74.20
66	<b>216.09</b>	337	Simon Withers		V45	RICH & ZET HARR		35.	70.96	37.07	77.00	44.37	62.00	41.50	68.13
67	<b>215.30</b>	543	Joe Atkinson		U16	WETHERBY RUNNERS		34.41	72.70	36.24	80.25	44.35	62.35		
68	<b>215.18</b>	207	Simon Moffatt		V45	HARROGATE HARR & AC		34.52	71.83	38.10	71.59	43.03	71.76		
69	<b>214.42</b>	106	Iain Denby		V50	DRAGONS RUNNING CLUB		35.16	69.22	37.34	74.84	43.20	70.36		
70	<b>214.37</b>	322	Shaun Perkiss		V50	RICH & ZET HARR		36.30	61.96	33.08	92.15	44.50	60.26		
71	<b>213.30</b>	174	Sarah Gill	F	V50	HARROGATE HARR & AC		36.33	61.67	38.14	70.78	42.58	72.11	41.24	70.41
72	<b>211.43</b>	520	Julie Bucknall	F	V40	WETHERBY RUNNERS		35.90	70.67	38.16	69.97	43.54	64.79	41.21	70.79
73	<b>211.08</b>	533	Richard Bell		V45	WETHERBY RUNNERS		35.23	68.64	38.27	68.62	43.41	67.23	40.52	73.82
74	<b>210.04</b>	232	Stephen Rhodes			ILKLEY HARRIERS		35.29	67.77	38.00	73.76	44.44	60.60	41.50	68.51
75	<b>209.44</b>	454	Graham Robinson		V55	THIRSK & S HARR		35.41	66.90	39.03	66.18	43.36	67.58	40.32	74.96
76	<b>209.29</b>	154	Steve Nesbitt		V45	HARROGATE HARR & AC		35.14	69.51	37.59	74.30			42.29	65.48
77	<b>205.08</b>	265	Zoe Mason	F		SWALEDALE RR		36.08	62.83	38.33	67.54	43.26	68.27	41.38	69.27
78	<b>204.56</b>	372	Matthew Holt		V40	RIPON RUNNERS		37.36	57.32	38.18	69.70	43.24	68.62	42.25	66.24
79	<b>202.48</b>	143	Pat Brew		V55	HARROGATE HARR & AC		37.16	57.90	39.47	63.48	43.23	68.97	41.26	70.03
80	<b>200.52</b>	189	Tim Pocock		V50	HARROGATE HARR & AC		35.57	64.87	38.15	70.51	43.53	65.14		
81	<b>200.19</b>	168	Tim Bromfield		V55	HARROGATE HARR & AC		35.59	64.58			43.56	64.44	41.21	71.17
82	<b>199.63</b>	418	Ray Raper		V60	RIPON RUNNERS		37.09	58.48	38.19	69.43	43.52	65.48	42.44	64.72
83	<b>198.33</b>	789	Simon Childs		V45	HARROGATE HARR & AC				38.32	67.81	43.50	66.18	42.53	64.34
84	<b>195.59</b>	572	Nicola Carter	F	V40	KNARESBOROUGH		36.05	63.12	39.10	65.10	44.41	61.30	41.58	67.37
85	<b>195.23</b>	327	Carl Jones		V40	RICH & ZET HARR		28.49	97.67	31.19	97.56				
86	<b>193.74</b>	687	Stewart Hymas		V40	KNARESBOROUGH		37.46	56.16	40.06	61.86			40.28	75.72
87	<b>193.20</b>	175	Dan Simmons		V50	HARROGATE HARR & AC		35.49	65.45	38.24	68.89	45.17	58.86		
88	<b>192.66</b>	24	Andy Webster		V40	OTLEY AC		36.18	61.09	39.04	65.91	44.40	61.65	42.33	65.10
89	<b>191.01</b>	9	Simon Anderson		V40	OTLEY AC				31.31	97.29	37.39	93.72		
90	<b>190.79</b>	557	Ben Pye			WETHERBY RUNNERS						35.58	96.86	35.13	93.93

3 from 4 Total Points															
						Race 1		Race 2		Race 3		Race 4			
						Ilkley Harriers		Nidd Valley RR		Swaledale RR		Dragons RC			
						8-May-2014		20-May-2014		4-Jun-2014		19-Jun-2014			
					F	Class	Time	Points	Time	Points	Time	Points	Time	Points	
91	<b>190.55</b>	753	Alister Wallace	HARROGATE HARR & AC		U18			32.01	96.48	37.37	94.07			
92	<b>189.92</b>	26	Graham Lake	OTLEY AC			30.11	94.48					34.37	95.44	
93	<b>189.31</b>	188	Simon Lawson	HARROGATE HARR & AC		V45	36.50	60.51	39.53	62.94	46.01	53.98	42.27	65.86	
94	<b>186.80</b>	733	Anthony Jefford	RIPON RUNNERS			29.56	94.77					36.10	92.03	
95	<b>186.33</b>	408	Richard Watson	RIPON RUNNERS		V45			32.55	92.96	37.40	93.37			
96	<b>186.19</b>	791	Cameron Choules	THIRSK & S HARR							37.41	93.02	35.33	93.17	
97	<b>185.82</b>	455	Charlotte Knowles	THIRSK & S HARR	F	U16	35.32	67.48	38.55	66.45	46.22	51.89			
98	<b>185.62</b>	199	Adam Newton	HARROGATE HARR & AC			35.47	66.03	39.20	64.56	45.43	55.03			
99	<b>185.35</b>	222	William Buckton	ILKLEY HARRIERS			30.52	91.58	32.43	93.77					
100	<b>185.05</b>	151	Jonty Bright	HARROGATE HARR & AC			28.32	99.12	35.06	85.93					
101	<b>183.62</b>	404	Alex Fawcett	RIPON RUNNERS		V45			32.57	92.69	37.55	90.93			
102	<b>183.51</b>	544	Mike Miller	WETHERBY RUNNERS		V60	36.57	59.93	39.41	64.02	45.04	59.56			
103	<b>182.81</b>	785	Steve Woollven	HARROGATE HARR & AC		V40			39.56	62.67	45.09	59.21	43.42	60.93	
104	<b>180.69</b>	530	Andrea Normington	WETHERBY RUNNERS	F	V50	37.08	58.77	40.05	62.13	46.02	53.63	43.44	59.79	
105	<b>180.65</b>	212	Ashley Brook	HARROGATE HARR & AC		V55	31.20	90.12	33.42	90.53					
106	<b>180.49</b>	762	Paul Stockburn	HARROGATE HARR & AC		V55			33.45	90.26	38.13	90.23			
107	<b>180.08</b>	176	Peter Grant	HARROGATE HARR & AC		V45	36.56	60.22	41.05	55.90			43.02	63.96	
108	<b>179.74</b>	36	Andrew Robertshaw	OTLEY AC		V40	31.51	88.09					36.13	91.65	
109	<b>179.29</b>	505	Mark Holt	WETHERBY RUNNERS					33.42	90.80	38.37	88.49			
110	<b>179.11</b>	737	Ian Rowbotham	HARROGATE HARR & AC		V55	31.12	91.29	34.18	87.82					
111	<b>178.76</b>	605	Rob Snow	NIDD VALLEY RR		V55	37.12	58.19			45.18	58.51	43.35	62.06	
112	<b>178.65</b>	510	Paul Windle	WETHERBY RUNNERS		V45					38.38	88.14	36.19	90.51	
113	<b>178.52</b>	772	Phillip Hurst	ILKLEY HARRIERS		V55			40.14	60.77	45.32	56.07	43.39	61.68	
114	<b>178.39</b>	300	Martin Luxton	SWALEDALE RR		V60	36.09	62.54	40.18	60.23			44.42	55.62	
115	<b>178.27</b>	523	Phoebe Coster	WETHERBY RUNNERS	F	U16			39.51	63.21	46.19	52.24	43.25	62.82	
116	<b>177.86</b>	610	Martin Loffthouse	NIDD VALLEY RR		V45	31.42	88.67			38.22	89.19			
117	<b>176.20</b>	56	Paul Cliford	OTLEY AC		V45	35.17	68.93	40.10	61.31	47.37	45.96			
118	<b>175.03</b>	191	Paul Render	HARROGATE HARR & AC		V55			34.13	88.63	39.10	86.40			
119	<b>174.99</b>	501	Gill Edmundson	WETHERBY RUNNERS	F	V35	37.03	59.06			45.37	55.38	43.43	60.55	
120	<b>174.12</b>	542	Paul Atkinson	WETHERBY RUNNERS		V50	35.46	66.32	42.48	47.52	46.16	52.94	44.53	54.86	

3 from 4 Total Points															
						Race 1		Race 2		Race 3		Race 4			
						Ilkley Harriers		Nidd Valley RR		Swaledale RR		Dragons RC			
						8-May-2014		20-May-2014		4-Jun-2014		19-Jun-2014			
				F	Class	Time	Points	Time	Points	Time	Points	Time	Points		
121	<b>173.83</b>	200	Harry Dowdell			HARROGATE HARR & AC	V55	32.02	86.35					37.16	87.48
122	<b>173.63</b>	362	Simon McCudden			RIPON RUNNERS	V50	37.53	55.29	40.22	59.69			44.00	58.65
123	<b>172.23</b>	433	Stephen Tomaszewski			THIRSK & S HARR	V50					39.35	83.61	37.03	88.62
124	<b>171.88</b>	133	Steven Clayson			DRAGONS RUNNING CLUB		37.59	54.41	40.20	59.96	46.26	51.19	44.13	57.51
125	<b>170.49</b>	579	Ian Mitchell			KNARESBOROUGH	V50	38.40	50.93	40.39	58.61	44.42	60.95		
126	<b>170.08</b>	554	Ian Legg			WETHERBY RUNNERS	V50	32.53	84.03			39.12	86.05		
127	<b>169.96</b>	178	James Dilasser			HARROGATE HARR & AC		30.45	91.87	36.53	78.09				
128	<b>169.90</b>	17	Louise Riches	F	V35	OTLEY AC		38.01	53.83	40.45	57.80			44.06	58.27
129	<b>169.83</b>	522	Emma Coster	F	V40	WETHERBY RUNNERS				40.38	58.88	46.24	51.54	43.49	59.41
130	<b>169.43</b>	567	Ben Campbell			KNARESBOROUGH				35.19	85.12	39.33	84.31		
131	<b>169.23</b>	675	Rachel Carter	F	V45	ILKLEY HARRIERS		32.38	85.19	35.34	84.04				
132	<b>168.85</b>	23	Jeremy Stewart			OTLEY AC		33.32	79.67	34.00	89.18				
133	<b>168.38</b>	754	Ray Johnstone			RIPON RUNNERS	V55			41.32	53.47	45.20	58.16	44.28	56.75
134	<b>168.24</b>	321	Daz Cox			RICH & ZET HARR	V40	32.26	86.64	35.50	81.60				
135	<b>168.13</b>	162	Rob Athey			HARROGATE HARR & AC	V40	38.31	52.38	41.00	57.26	45.29	56.77	45.01	54.10
136	<b>167.56</b>	158	Dan Atkinson			HARROGATE HARR & AC	V40	32.51	84.61	35.39	82.95				
137	<b>166.81</b>	198	Mark Seymour			HARROGATE HARR & AC	V50	37.55	55.00	43.09	45.09	45.56	54.68	44.14	57.13
138	<b>166.43</b>	146	Sue Moul	F	V45	HARROGATE HARR & AC		38.00	54.12	41.46	52.12	46.05	53.28	43.58	59.03
139	<b>165.99</b>	118	Peter Bryant			DRAGONS RUNNING CLUB	V45	36.99	59.35	38.30	68.35	49.24	38.29		
140	<b>164.97</b>	228	Steve Newell			ILKLEY HARRIERS	V45	33.12	82.29	35.39	82.68				
141	<b>164.74</b>	766	Rob Wilkins			RIPON RUNNERS	V55			41.36	53.20	46.52	49.10	43.28	62.44
142	<b>163.00</b>	427	Marc Davies			THIRSK & S HARR	V50	37.47	55.87	41.26	54.55	48.46	42.13	45.23	52.58
143	<b>162.30</b>	549	James Jesson			WETHERBY RUNNERS						41.04	80.13	38.40	82.17
144	<b>162.16</b>	564	Derek Calvery			KNARESBOROUGH	V55	39.02	48.32	40.17	60.50	47.10	47.36	45.15	53.34
145	<b>160.52</b>	630	Mike Deacon			NIDD VALLEY RR	V50					41.10	78.73	38.47	81.79
146	<b>159.98</b>	7	Ian Broadbent			OTLEY AC	V40			40.43	58.34	47.55	45.27	44.34	56.37
147	<b>159.88</b>	565	Sean Brennan			KNARESBOROUGH	V40	38.81	51.51	40.47	57.53	46.31	50.84		
148	<b>159.51</b>	157	Angela Peace	F		HARROGATE HARR & AC		37.50	55.58			46.51	49.45	45.01	54.48
149	<b>159.15</b>	48	Steve Robinson			OTLEY AC		33.71	81.12			41.14	78.03		
150	<b>158.47</b>	51	Neil Charlton			OTLEY AC		34.17	74.16	35.26	84.31				

3 from 4 Total Points															
						Race 1		Race 2		Race 3		Race 4			
						Ilkley Harriers		Nidd Valley RR		Swaledale RR		Dragons RC			
						8-May-2014		20-May-2014		4-Jun-2014		19-Jun-2014			
					F	Class	Time	Points	Time	Points	Time	Points	Time	Points	
151	<b>157.99</b>	190	Dave Askew	HARROGATE HARR & AC		V50	33.34	79.09	36.44	78.90					
152	<b>156.36</b>	40	Matt Podd	OTLEY AC		V55	38.45	50.06	41.28	54.01	46.45	50.15	45.42	52.20	
153	<b>155.68</b>	739	Cath Winstanley	HARROGATE HARR & AC	F	V45	38.54	48.61	41.06	55.63			45.52	51.44	
154	<b>154.36</b>	256	Adrian Weatherley	ILKLEY HARRIERS		V50	39.18	46.87	41.01	56.99	46.38	50.50			
155	<b>152.96</b>	73	Christian Hosker	OTLEY AC			33.52	76.77	37.16	76.19					
156	<b>152.25</b>	340	Graham Ewart	RICH & ZET HARR		V50	33.45	77.35			41.47	74.90			
157	<b>152.06</b>	607	Dave Seaman	NIDD VALLEY RR		V65	38.	52.09			47.17	47.01	45.19	52.96	
158	<b>151.00</b>	458	Peter Richardson	THIRSK & S HARR		V50	39.20	46.58	41.29	53.74			46.03	50.68	
159	<b>149.43</b>	361	Gary Wilks	RIPON RUNNERS		V40	33.25	80.54					41.49	68.89	
160	<b>149.30</b>	475	David Shorrocks	THIRSK & S HARR		V55	38.07	53.54	41.38	52.93	48.35	42.83	47.31	42.72	
161	<b>149.02</b>	167	Wendy Marks	HARROGATE HARR & AC	F	V45	34.15	74.45	37.49	74.57					
162	<b>148.85</b>	661	Simon Peck	DRAGONS RUNNING CLUB		V60	39.07	47.45	41.47	51.85			46.20	49.55	
163	<b>147.02</b>	324	Tony Ditchburn	RICH & ZET HARR		V50	34.18	73.87			42.49	73.15			
164	<b>146.63</b>	202	William Prentis	HARROGATE HARR & AC			34.59	71.25	37.30	75.38					
165	<b>146.25</b>	57	Michael Pickard	OTLEY AC		V45			45.27	32.64	45.35	55.72	44.07	57.89	
166	<b>146.09</b>	502	Ann Dale	WETHERBY RUNNERS	F	V40			39.58	62.40	47.26	46.66	48.16	37.03	
167	<b>144.82</b>	112	Steve Davies	DRAGONS RUNNING CLUB		V50	39.22	46.29	42.19	50.50			46.29	48.03	
168	<b>144.50</b>	611	Jonathon Easton	NIDD VALLEY RR							43.10	71.06	40.57	73.44	
169	<b>144.21</b>	740	Eve Hawkins	HARROGATE HARR & AC	F	V35	40.36	38.16	42.07	51.31	48.57	41.08	45.44	51.82	
170	<b>143.25</b>	452	Martin Cummins	THIRSK & S HARR		V60	38.23	52.67	43.00	46.71	48.19	43.87			
171	<b>143.15</b>	615	Sam Fugill	NIDD VALLEY RR			35.11	70.09					41.03	73.06	
172	<b>141.98</b>	369	Ann Gumbley	RIPON RUNNERS	F						43.21	69.67	41.07	72.31	
173	<b>141.80</b>	233	Stephanie Fox	ILKLEY HARRIERS	F	V40	39.11	43.38	42.14	50.77			46.36	47.65	
174	<b>141.71</b>	186	Jean Croft	HARROGATE HARR & AC	F	V50	39.04	48.03	43.07	45.63	46.59	48.05			
175	<b>141.14</b>	761	Phil Birch	HARROGATE HARR & AC		V40			38.02	73.22	43.32	67.92			
176	<b>140.33</b>	721	Tim Joyson	RIPON RUNNERS		V55	39.08	47.16	43.18	44.00	49.47	36.90	46.21	49.17	
177	<b>139.49</b>	180	Emma Robinson	HARROGATE HARR & AC	F				38.31	68.08	43.09	71.41			
178	<b>138.70</b>	43	Mary Hampshire	OTLEY AC	F	V45	39.21	44.83	42.36	48.87			47.05	45.00	
179	<b>137.49</b>	553	Rob Driver	WETHERBY RUNNERS			36.05	64.00	38.01	73.49					
180	<b>137.38</b>	227	Val Kerr	ILKLEY HARRIERS	F	V55	39.57	42.51	42.27	49.95	48.00	44.92			

3 from 4 Total Points															
						Race 1		Race 2		Race 3		Race 4			
						Ilkley Harriers		Nidd Valley RR		Swaledale RR		Dragons RC			
						8-May-2014		20-May-2014		4-Jun-2014		19-Jun-2014			
					F	Class	Time	Points	Time	Points	Time	Points	Time	Points	
181	<b>136.49</b>	460	Matt Jones	THIRSK & S HARR					38.07	72.40	44.00	64.09			
182	<b>135.84</b>	336	Lauren Moore	RICH & ZET HARR	F		39.6	45.70	42.33	49.41	49.05	40.73			
183	<b>135.02</b>	394	Ian Swinscoe	RIPON RUNNERS		V45	38.20	52.96	43.29	42.38			48.01	39.68	
184	<b>134.59</b>	28	John Dade	OTLEY AC		V50					44.12	63.04	41.18	71.55	
185	<b>134.46</b>	260	Rachel McKay	ILKLEY HARRIERS	F		35.33	67.19	38.36	67.27					
186	<b>133.94</b>	209	Angela Barker Charlton	HARROGATE HARR & AC	F	V45	40.11	40.77	43.04	45.90			46.38	47.27	
187	<b>133.80</b>	72	Dominic Egan	OTLEY AC		V45	40.07	41.64	42.29	49.68	48.51	41.78	47.34	42.34	
188	<b>133.68</b>	373	Jill Holt	RIPON RUNNERS	F	V45	39.40	44.25	43.10	44.81			47.16	44.62	
189	<b>132.70</b>	723	Amelia Gill	RIPON RUNNERS	F		36.39	61.38	38.11	71.32					
190	<b>130.99</b>	141	Darren West	HARROGATE HARR & AC		V50	35.54	65.16			43.50	65.83			
191	<b>130.41</b>	738	Phillip Sagar	HARROGATE HARR & AC		V45	36.03	63.41	38.43	67.00					
192	<b>130.35</b>	20	Tamara Weatherhead	OTLEY AC	F	V45	35.45	66.61			44.07	63.74			
193	<b>130.01</b>	421	Marty Coy	THIRSK & S HARR		V40					44.08	63.39	42.15	66.62	
194	<b>128.77</b>	784	Nicola Lee	OTLEY AC	F	V35			43.35	41.84	49.11	40.04	46.47	46.89	
195	<b>127.91</b>	237	Helen Waddington	ILKLEY HARRIERS	F	V45	39.31	45.12			49.13	39.69	47.29	43.10	
196	<b>127.49</b>	182	Pete Edwards	HARROGATE HARR & AC		V50			39.21	64.29			43.24	63.20	
197	<b>127.33</b>	187	Roz Moore	HARROGATE HARR & AC	F	V35	35.48	65.74	40.07	61.59					
198	<b>126.00</b>	570	Tony Crowther	KNARESBOROUGH		V55	36.15	62.25	39.45	63.75					
199	<b>124.54</b>	771	Rebecca Normington	WETHERBY RUNNERS	F				38.53	66.72	45.20	57.82			
200	<b>124.48</b>	144	Alex Green	HARROGATE HARR & AC			35.27	68.06			45.31	56.42			
201	<b>124.12</b>	467	Bryan Miller	THIRSK & S HARR							45.22	57.12	42.08	67.00	
202	<b>123.49</b>	631	Fiona Deacon	NIDD VALLEY RR	F	V45*					45.01	59.91	43.23	63.58	
203	<b>123.46</b>	64	Mick Jeffrey	OTLEY AC		V60	42.20	28.29	44.00	39.68	50.52	32.72	45.58	51.06	
204	<b>123.44</b>	757	Emma Amos	HARROGATE HARR & AC	F				43.19	43.73	49.50	35.85	47.22	43.86	
205	<b>122.95</b>	172	Alan Couldwell	HARROGATE HARR & AC		V55	41.24	32.35	43.26	42.92	49.49	36.55	47.25	43.48	
206	<b>122.08</b>	795	Haley Blaymires	RIPON RUNNERS	F						45.57	54.33	41.56	67.75	
207	<b>121.97</b>	788	Paul Haliday	HARROGATE HARR & AC		V40			41.15	55.09	43.32	66.88			
208	<b>121.86</b>	259	Julie Watson	ILKLEY HARRIERS	F	V40	37.37	57.03	39.13	64.83					
209	<b>121.48</b>	545	Neil Berry	WETHERBY RUNNERS			40.34	39.03	43.51	40.49	50.02	34.81	47.44	41.96	
210	<b>120.53</b>	371	Nigel Bower	RIPON RUNNERS		V60	40.19	40.48	43.14	44.54	49.58	35.51			

3 from 4 Total Points															
						Race 1		Race 2		Race 3		Race 4			
						Ilkley Harriers		Nidd Valley RR		Swaledale RR		Dragons RC			
						8-May-2014		20-May-2014		4-Jun-2014		19-Jun-2014			
					F	Class	Time	Points	Time	Points	Time	Points	Time	Points	
211	<b>120.08</b>	403	Suzanne Rickard	RIPON RUNNERS	F	V40			44.19	38.59	49.43	37.25	47.19	44.24	
212	<b>119.89</b>	366	Mike Pennock	RIPON RUNNERS		V65	39.49	43.67	43.33	42.11	50.12	34.11			
213	<b>119.45</b>	269	Ros Blackmore	SWALEDALE RR	F	V45	40.23	40.19	43.57	39.95			48.02	39.31	
214	<b>119.32</b>	504	John Field	WETHERBY RUNNERS		V45			40.29	59.15			43.44	60.17	
215	<b>117.83</b>	301	Ronan Walsh	SWALEDALE RR			39.52	43.09	42.39	48.33			50.48	26.41	
216	<b>116.67</b>	503	Mark Foster	WETHERBY RUNNERS		V45			41.08	55.36			43.42	61.31	
217	<b>115.05</b>	583	Andrew Tattersall	VOCALINK RC		V45	40.10	41.06			49.49	36.20	48.08	37.79	
218	<b>114.81</b>	47	Stephen Boddy	OTLEY AC			37.39	56.74	40.43	58.07					
219	<b>113.92</b>	616	Sheena Jackson	NIDD VALLEY RR	F	V35	37.42	56.45			45.21	57.47			
220	<b>112.50</b>	217	Max Barnard	HARROGATE HARR & AC			40.08	41.35	44.10	39.13	50.58	32.02			
221	<b>109.59</b>	49	Richard Hamer	OTLEY AC		V45	41.53	29.74	43.01	46.44	50.41	33.41			
222	<b>108.66</b>	216	Shaun Morrison	HARROGATE HARR & AC			42.12	28.87	44.05	39.40	49.07	40.39			
223	<b>107.67</b>	385	David Nicklas	RIPON RUNNERS		V45	38.36	51.22	41.02	56.45					
224	<b>107.29</b>	604	Phillip Robinson	NIDD VALLEY RR		V50	37.58	54.70			46.19	52.59			
225	<b>106.27</b>	234	Jean Sullivan	ILKLEY HARRIERS	F	V40	41.48	30.32	44.29	36.43	50.59	31.67	48.07	38.17	
226	<b>105.68</b>	296	Samatha Clark	SWALEDALE RR	F		40.43	37.00	44.24	38.05	51.28	30.63			
227	<b>105.47</b>	432	David Fawkes	THIRSK & S HARR					41.01	56.72	46.53	48.75			
228	<b>104.90</b>	743	Russell Gregory	HARROGATE HARR & AC		V55	41.40	30.90	43.49	40.76			49.24	33.24	
229	<b>104.30</b>	406	Anneke Imeson	RIPON RUNNERS	F	V35	38.52	49.48	41.23	54.82					
230	<b>104.16</b>	506	Pete Callaghan	WETHERBY RUNNERS		V50	42.33	27.70	43.38	41.30	50.01	35.16			
231	<b>103.53</b>	439	Steven Scott	THIRSK & S HARR		V45	41.27	31.48	44.30	36.16			48.37	35.89	
232	<b>102.33</b>	125	Helen Forey	DRAGONS RUNNING CLUB	F	V45	41.21	32.93	44.51	34.27			48.59	35.13	
233	<b>102.31</b>	474	Hilary Coventry	THIRSK & S HARR	F	V50					47.35	46.31	44.38	56.00	
234	<b>101.98</b>	303	Vicki Howe	SWALEDALE RR	F	V50	41.16	33.51	45.02	33.72	50.57	32.37	49.05	34.75	
235	<b>101.51</b>	756	Sima Lowery	KNARESBOROUGH	F	V35			41.51	51.58			46.12	49.93	
236	<b>100.40</b>	267	Liz Souter	SWALEDALE RR	F	V50	41.11	34.38	45.36	31.56	50.12	34.46			
237	<b>99.65</b>	1	Ian Fisher	OTLEY AC		V40					33.26	99.65			
238	<b>99.50</b>	626	Christine Holleran	NIDD VALLEY RR	F	V50	38.02	49.19					46.05	50.31	
239	<b>99.46</b>	796	Andy Everard	RICH & ZET HARR							48.14	44.22	44.44	55.24	
240	<b>99.43</b>	765	Robyn McLean	RIPON RUNNERS	F	V50			44.12	38.86	51.49	29.23	49.32	31.34	



3 from 4 Total Points															
						Race 1 Ilkley Harriers 8-May-2014		Race 2 Nidd Valley RR 20-May-2014		Race 3 Swaledale RR 4-Jun-2014		Race 4 Dragons RC 19-Jun-2014			
					F	Class	Time	Points	Time	Points	Time	Points	Time	Points	
241	<b>99.12</b>	214	Andy Brookhuize	HARROGATE HARR & AC		V40	38.71	48.90	42.19	50.22					
242	<b>98.48</b>	4	Liam Dunne	OTLEY AC		V40							33.01	98.48	
243	<b>98.25</b>	275	Tony Lambert	SWALEDALE RR		V40	28.36	98.25							
244	<b>98.21</b>	614	Ian McLeod	NIDD VALLEY RR		V55					46.46	49.80	46.25	48.41	
245	<b>98.16</b>	440	Geoff Bullock	THIRSK & S HARR		V65	41.45	30.61	44.28	36.97			49.44	30.58	
246	<b>97.38</b>	66	Edward Davies	OTLEY AC			29.04	97.38							
247	<b>97.36</b>	612	Jenny Manning	NIDD VALLEY RR	F	V40	41.10	34.67			51.02	30.97	49.31	31.72	
248	<b>97.24</b>	449	Sonia Vander Westhuzem	THIRSK & S HARR	F	V45					48.24	43.52	45.07	53.72	
249	<b>96.96</b>	491	Dan Wilkinson	ILKLEY HARRIERS									33.28	96.96	
250	<b>96.80</b>	12	Rogan Ashton	OTLEY AC		V40	29.17	96.80							
251	<b>96.51</b>	684	David Westhead	ILKLEY HARRIERS		V45	29.18	96.51							
252	<b>96.41</b>	410	Haley Whipp	RIPON RUNNERS	F	V40			42.12	51.04			47.02	45.37	
253	<b>96.22</b>	205	Jake Turnbull	HARROGATE HARR & AC			29.25	96.22							
254	<b>95.94</b>	783	Robin Outtersides	OTLEY AC					32.08	95.94					
255	<b>95.86</b>	777	Autumn Wray	RIPON RUNNERS	F	V40			44.58	34.00	52.46	27.49	49.06	34.37	
256	<b>95.67</b>	21	Tom Midgley	OTLEY AC					32.15	95.67					
257	<b>95.46</b>	335	Nick Zissler	RICH & ZET HARR							37.27	95.46			
258	<b>94.86</b>	538	Pauline Munro	WETHERBY RUNNERS	F	V45			32.26	94.86					
259	<b>94.04</b>	128	Jan Davies	DRAGONS RUNNING CLUB	F	V50	42.31	28.00	45.17	33.18			49.26	32.86	
260	<b>93.79</b>	678	Will Warboys	ILKLEY HARRIERS		V40	39.24	46.00	42.44	47.79					
261	<b>93.47</b>	35	Ceran Ralph	OTLEY AC	F	V55	39.29	45.41	42.43	48.06					
262	<b>93.23</b>	407	Ben Imeson	RIPON RUNNERS					32.49	93.23					
263	<b>92.99</b>	163	Richard Burton	HARROGATE HARR & AC		V50	41.25	32.06	48.20	21.01	50.21	33.76	50.38	27.17	
264	<b>92.94</b>	37	John Cowan	OTLEY AC			38.46	49.77			48.29	43.17			
265	<b>92.42</b>	759	Andrew Dobby	HARROGATE HARR & AC		V40			33.03	92.42					
266	<b>91.63</b>	323	Jeremy Pattison	RICH & ZET HARR							37.48	91.63			
267	<b>91.55</b>	101	Carron Kennedy	DRAGONS RUNNING CLUB	F	V40	41.37	31.19	45.34	31.83	52.18	28.53			
268	<b>91.55</b>	782	Nigel Wright	HARROGATE HARR & AC		V50			42.57	46.98	48.10	44.57			
269	<b>91.49</b>	744	Juliett Gregory	HARROGATE HARR & AC	F	V50			43.09	45.36			46.50	46.13	
270	<b>89.75</b>	378	John Grundy	RIPON RUNNERS		V70	40.58	35.83	47.34	23.72			49.51	30.20	

3 from 4 Total Points															
						Race 1 Ilkley Harriers 8-May-2014		Race 2 Nidd Valley RR 20-May-2014		Race 3 Swaledale RR 4-Jun-2014		Race 4 Dragons RC 19-Jun-2014			
					F	Class	Time	Points	Time	Points	Time	Points	Time	Points	
271	<b>89.71</b>	244	Louise Airey	ILKLEY HARRIERS	F		41.14	33.80	46.33	27.23			50.22	28.68	
272	<b>89.45</b>	764	Steve Turland	ILKLEY HARRIERS		V45			33.58	89.45					
273	<b>88.77</b>	122	Sarah Tomlinson	DRAGONS RUNNING CLUB	F	V40	41.04	35.25	44.42	35.08			52.57	18.44	
274	<b>88.09</b>	413	Derek McCreadie	RIPON RUNNERS					34.16	88.09					
275	<b>87.80</b>	8	Shane Ewen	OTLEY AC			31.56	87.80							
276	<b>87.59</b>	747	Stuart Hardcastle	SWALEDALE RR		V55			42.37	48.60	49.20	38.99			
277	<b>87.34</b>	525	Drew Ward	WETHERBY RUNNERS		V60	42.07	29.45	46.26	27.50	51.46	29.58	50.28	28.31	
278	<b>86.93</b>	50	Tom Potter	OTLEY AC			32.19	86.93							
279	<b>84.66</b>	606	Andy Todd	NIDD VALLEY RR		V50					39.24	84.66			
280	<b>84.58</b>	536	David Mellor	WETHERBY RUNNERS		V40			35.21	84.58					
281	<b>84.32</b>	679	Jack Cummings	ILKLEY HARRIERS		U18	32.52	84.32							
282	<b>83.75</b>	11	Sara Elliott	OTLEY AC	F	V40	40.38	37.58	43.02	46.17					
283	<b>83.74</b>	671	Catherine Farrow	ILKLEY HARRIERS	F	V40	32.55	83.74							
284	<b>83.45</b>	155	Richard Willis	HARROGATE HARR & AC		V40	32.56	83.45							
285	<b>83.36</b>	219	Jo Williams	HARROGATE HARR & AC	F	V35*	40.26	39.90	43.20	43.46					
286	<b>83.26</b>	485	Michelle Nolan	RICH & ZET HARR	F						40.02	83.26			
287	<b>83.22</b>	578	Andy Hauser	KNARESBOROUGH		V55			35.36	83.22					
288	<b>82.97</b>	374	Lesley Willoughby	RIPON RUNNERS	F	V40			46.14	56.18	52.52	26.79			
289	<b>82.87</b>	676	Duncan Cooper	ILKLEY HARRIERS			33.03	82.87							
290	<b>82.61</b>	513	Paul Dennison	WETHERBY RUNNERS		V50			43.39	41.03			47.49	41.58	
291	<b>82.55</b>	461	Walter Busuttil	THIRSK & S HARR		V50							38.39	82.55	
292	<b>82.51</b>	67	Colin Best	OTLEY AC		V55	39.44	43.96					48.04	38.55	
293	<b>82.33</b>	245	Geoffrey White	ILKLEY HARRIERS			42.13	28.58	46.34	26.96	53.35	24.35	50.46	26.79	
294	<b>82.21</b>	148	Mike Salt	HARROGATE HARR & AC		V45			42.35	49.14	50.43	33.07			
295	<b>82.03</b>	292	Zoe Mackay	SWALEDALE RR	F	V35	43.00	25.38	46.25	27.77	51.55	28.88	53.14	18.06	
296	<b>81.56</b>	417	Joanne Wallace	RIPON RUNNERS	F	V50	40.39	37.29	43.16	44.27					
297	<b>81.41</b>	490	Iain Andrews	WETHERBY RUNNERS									38.50	81.41	
298	<b>81.19</b>	592	Alexandra Whapples	VOCALINK RC	F	V45	39.93	44.54					48.25	36.65	
299	<b>80.75</b>	666	Louise Johnson	DRAGONS RUNNING CLUB	F	V50	39.53	42.80			49.26	37.95			
300	<b>80.52</b>	571	Sam Frankland	KNARESBOROUGH					36.09	80.52					

3 from 4 Total Points				Race 1 Ilkley Harriers 8-May-2014		Race 2 Nidd Valley RR 20-May-2014		Race 3 Swaledale RR 4-Jun-2014		Race 4 Dragons RC 19-Jun-2014			
				F	Class	Time	Points	Time	Points	Time	Points	Time	Points
301	<b>80.43</b>	52	Sara Richard		OTLEY AC			46.19	28.31	53.17	26.09	51.00	26.03
302	<b>79.96</b>	194	Michael Gill		HARROGATE HARR & AC	33.31	79.96						
303	<b>79.43</b>	390	Lester Pickard		RIPON RUNNERS			46.17	28.59	52.42	27.84	51.37	23.00
304	<b>79.10</b>	169	Sally Houghton	F	HARROGATE HARR & AC			41.41	52.66	53.03	26.44		
305	<b>79.08</b>	445	Paul Atkinson		THIRSK & S HARR					41.09	79.08		
306	<b>78.67</b>	389	Helen Pickard	F	RIPON RUNNERS	43.37	24.22	46.04	29.94			51.25	24.51
307	<b>78.38</b>	185	Richard Pennock		HARROGATE HARR & AC					41.12	78.38		
308	<b>77.95</b>	142	Tony Essex		HARROGATE HARR & AC			44.26	37.51			47.57	40.44
309	<b>77.54</b>	774	Tom Williams		HARROGATE HARR & AC			37.00	77.54				
310	<b>76.48</b>	165	Brian Millar		HARROGATE HARR & AC	33.53	76.48						
311	<b>75.43</b>	797	Duncan Fothergill		THIRSK & S HARR					48.52	41.43	49.14	34.00
312	<b>75.03</b>	42	John Armitstead		OTLEY AC	34.09	75.03						
313	<b>74.94</b>	396	Laura Strangeway	F	RIPON RUNNERS	40.32	39.32	44.37	35.62				
314	<b>74.48</b>	673	Adela Reperecki	F	ILKLEY HARRIERS	38.44	50.35					51.29	24.13
315	<b>74.14</b>	127	Simon Brown		DRAGONS RUNNING CLUB	43.48	23.64	47.06	25.61	53.44	22.96	51.21	24.89
316	<b>74.09</b>	722	Angela Benton	F	RIPON RUNNERS	43.38	23.93			53.45	22.61	50.37	27.55
317	<b>74.03</b>	552	Jo Derry	F	WETHERBY RUNNERS			37.59	74.03				
318	<b>73.82</b>	617	Steve Newton		NIDD VALLEY RR	40.46	36.41					48.14	37.41
319	<b>73.58</b>	239	Ben Joynson		ILKLEY HARRIERS	34.21	73.58						
320	<b>73.47</b>	787	Alex Richens	F	HARROGATE HARR & AC			44.47	34.54			48.03	38.93
321	<b>73.44</b>	215	Neil Hindmarsh		HARROGATE HARR & AC	41.17	33.22	43.53	40.22				
322	<b>73.18</b>	183	Paul Berwin		HARROGATE HARR & AC	40.00	42.22					49.39	30.96
323	<b>73.13</b>	609	Dave Ruston		NIDD VALLEY RR	42.48	26.25			53.23	25.40	52.01	21.48
324	<b>72.70</b>	550	Gina Green	F	WETHERBY RUNNERS	41.23	32.64					48.00	40.06
325	<b>72.68</b>	781	Hugh Pearson		OTLEY AC			38.06	72.68				
326	<b>72.13</b>	63	Laura Clark	F	OTLEY AC			38.08	72.13				
327	<b>72.12</b>	558	Simon Chandler		WETHERBY RUNNERS	34.47	72.12						
328	<b>72.02</b>	456	Louise Knowles	F	THIRSK & S HARR	44.56	19.58	46.46	26.69	53.21	25.75		
329	<b>71.48</b>	375	Kim Holden	F	RIPON RUNNERS					51.35	30.28	47.52	41.20
330	<b>70.93</b>	15	Ann Yeadon	F	OTLEY AC			47.10	25.07	53.37	24.00	51.51	21.86

3 from 4 Total Points															
						Race 1 Ilkley Harriers 8-May-2014		Race 2 Nidd Valley RR 20-May-2014		Race 3 Swaledale RR 4-Jun-2014		Race 4 Dragons RC 19-Jun-2014			
						F	Class	Time	Points	Time	Points	Time	Points	Time	Points
331	<b>70.38</b>	591	Simon Williams	VOCALINK RC		V45	35.03	70.38							
332	<b>70.24</b>	776	Tom Worboys	ILKLEY HARRIERS					38.16	70.24					
333	<b>70.15</b>	16	Andrew Raynor	OTLEY AC		V45	40.44	36.70	45.15	33.45					
334	<b>69.80</b>	587	Nick Wagstaff	VOCALINK RC		V40	35.12	69.80							
335	<b>69.65</b>	492	Rebeca Mon-Williams	ILKLEY HARRIERS	F								41.37	69.65	
336	<b>69.16</b>	462	Hester Cox	THIRSK & S HARR	F	V40			38.22	69.16					
337	<b>68.49</b>	55	Gilly Wright	OTLEY AC	F		40.47	36.12	45.28	32.37					
338	<b>68.35</b>	6	Richard Clarke	OTLEY AC		V50	35.25	68.35							
339	<b>67.06</b>	401	Jackie Turner	RIPON RUNNERS	F	V50	44.10	22.19	47.16	24.53	54.35	19.82	52.23	20.34	
340	<b>66.53</b>	487	Lorraine Hiles	THIRSK & S HARR	F						43.49	66.53			
341	<b>65.88</b>	521	Christine Clubbs	WETHERBY RUNNERS	F	V40	46.20	14.06	46.03	30.21	54.53	19.12	53.41	16.55	
342	<b>65.82</b>	376	Chris l'Anson	RIPON RUNNERS		V50			44.32	35.89	51.39	29.93			
343	<b>65.64</b>	758	Anthony Warmasley	KNARESBOROUGH		V45			39.04	65.64					
344	<b>65.59</b>	110	Alice Denby	DRAGONS RUNNING CLUB	F	V55	44.42	21.32	47.15	24.80	54.37	19.47			
345	<b>65.37</b>	225	Alison Weston	ILKLEY HARRIERS	F	V45			39.08	65.37					
346	<b>64.63</b>	586	Sarah Hart	VOCALINK RC	F	V35			44.42	34.81			50.04	29.82	
347	<b>64.29</b>	170	Martyn Price	HARROGATE HARR & AC		V55	35.59	64.29							
348	<b>63.77</b>	27	Phil Robinson	OTLEY AC		V70			45.39	31.29			49.27	32.48	
349	<b>63.70</b>	794	Ray Robson	RICH & ZET HARR							52.29	28.19	48.49	35.51	
350	<b>63.37</b>	471	Julie Forster	THIRSK & S HARR	F	V40	46.22	13.77	47.59	22.36	55.03	18.77	51.43	22.24	
351	<b>63.12</b>	139	Angela Crawford	DRAGONS RUNNING CLUB	F	V50			45.43	31.02			49.29	32.10	
352	<b>62.86</b>	547	Samatha Parker	WETHERBY RUNNERS	F	V45	44.07	22.48	47.55	23.45			53.40	16.93	
353	<b>62.55</b>	60	Laura Hind	OTLEY AC	F	V35	44.55	19.87	48.11	21.82	54.04	20.86	53.45	15.79	
354	<b>62.47</b>	409	Nicole Sutton	RIPON RUNNERS	F	V35	42.39	27.12	44.39	35.35					
355	<b>62.41</b>	302	Nicki Skinner	SWALEDALE RR	F		45.29	17.25	47.58	22.90	53.49	22.26	53.42	16.17	
356	<b>62.38</b>	450	Nicola Jenkins	THIRSK & S HARR	F	V35					53.54	21.56	47.52	40.82	
357	<b>61.71</b>	113	Arlene Davies	DRAGONS RUNNING CLUB	F	V50	44.33	21.61	48.15	21.28			52.57	18.82	
358	<b>61.36</b>	732	Andy Roberts (576)	KNARESBOROUGH		V50	43.05	25.09					48.33	36.27	
359	<b>61.04</b>	786	Jude Muir	HARROGATE HARR & AC	F	V35			40.12	61.04					
360	<b>60.80</b>	171	Helen Price	HARROGATE HARR & AC	F	V40	36.78	60.80							

3 from 4 Total Points															
						Race 1 Ilkley Harriers 8-May-2014		Race 2 Nidd Valley RR 20-May-2014		Race 3 Swaledale RR 4-Jun-2014		Race 4 Dragons RC 19-Jun-2014			
						F	Class	Time	Points	Time	Points	Time	Points	Time	Points
361	<b>59.75</b>	613	Rachael Prince	NIDD VALLEY RR	F	V40	44.26	21.90			54.15	20.17	53.24	17.68	
362	<b>59.64</b>	527	Gary Keenan	WETHERBY RUNNERS		V45	36.27	59.64							
363	<b>59.42</b>	778	Sarah Glover	THIRSK & S HARR	F	V35			40.24	59.42					
364	<b>58.87</b>	386	Penny l'Anson	RIPON RUNNERS	F	V45	42.49	25.96	45.23	32.91					
365	<b>58.64</b>	365	Laura Sharpe	RIPON RUNNERS	F	V45	42.44	26.54	45.34	32.10					
366	<b>58.37</b>	249	Jacqui Weston	ILKLEY HARRIERS	F	V45	46.17	14.64	47.58	22.63			52.11	21.10	
367	<b>57.91</b>	208	Tracy Iles	HARROGATE HARR & AC	F	V35	45.05	19.00	47.19	24.26			54.59	14.65	
368	<b>57.61</b>	242	Nigel Tapper	ILKLEY HARRIERS		V50	37.32	57.61							
369	<b>57.11</b>	338	Pauline Whitaker	RICH & ZET HARR	F	V45	41.26	31.77	47.09	25.34					
370	<b>56.02</b>	14	Lisa Maughan	OTLEY AC	F	V35			45.56	30.75			51.19	25.27	
371	<b>55.56</b>	238	Julie Elmes	ILKLEY HARRIERS	F	V45	45.42	16.09	48.09	22.09	55.46	17.38			
372	<b>54.28</b>	773	Helen Senior	HARROGATE HARR & AC	F	V35			41.27	54.28					
373	<b>53.25</b>	686	Jean Shotter	KNARESBOROUGH	F	V50	38.17	53.25							
374	<b>52.39</b>	254	David Ibbotson	ILKLEY HARRIERS		V55			41.42	52.39					
375	<b>51.80</b>	223	Alison Bennett	ILKLEY HARRIERS	F	V50	38.14	51.80							
376	<b>51.58</b>	798	Debbie Gibson	NIDD VALLEY RR	F						53.39	23.65	50.34	27.93	
377	<b>51.10</b>	528	Alison Dooley	WETHERBY RUNNERS	F	V50	43.56	23.06	46.20	28.04					
378	<b>51.02</b>	104	Clare Pierce	DRAGONS RUNNING CLUB	F	V55	45.13	18.12	49.11	18.31	56.51	14.59	55.33	13.51	
379	<b>50.77</b>	749	Sue Morley	ILKLEY HARRIERS	F	V55			51.09	13.17	49.42	37.60			
380	<b>50.64</b>	601	Paul Namming	NIDD VALLEY RR		V45	38.41	50.64							
381	<b>50.07</b>	33	Tom Hannah	OTLEY AC		V60			46.15	28.86	54.00	21.21			
382	<b>49.32</b>	13	Charlotte Tomlinson	OTLEY AC	F		42.35	27.41			53.52	21.91			
383	<b>49.26</b>	257	Sue Williamson	ILKLEY HARRIERS	F	V50			48.37	20.20			50.16	29.06	
384	<b>49.00</b>	250	Peter Lewis	ILKLEY HARRIERS		V65	43.50	23.35					51.01	25.65	
385	<b>48.97</b>	132	Gary Waite	DRAGONS RUNNING CLUB		V45	42.53	25.67			53.43	23.30			
386	<b>48.96</b>	534	Valerie Bell	WETHERBY RUNNERS	F	V45	44.58	19.29	46.04	29.67					
387	<b>48.79</b>	512	Debbie Dennison	WETHERBY RUNNERS	F	V45							46.24	48.79	
388	<b>48.77</b>	364	Lena Conlin	RIPON RUNNERS	F	V45	44.53	20.16	51.15	12.63	57.45	13.20	54.41	15.41	
389	<b>48.40</b>	415	Sarah Hood	RIPON RUNNERS	F	V40					46.57	48.40			
390	<b>47.74</b>	632	Jane Mein	NIDD VALLEY RR	F	V35	39.06	47.74							

3 from 4 Total Points															
						Race 1 Ilkley Harriers 8-May-2014		Race 2 Nidd Valley RR 20-May-2014		Race 3 Swaledale RR 4-Jun-2014		Race 4 Dragons RC 19-Jun-2014			
				F	Class	Time	Points	Time	Points	Time	Points	Time	Points		
391	<b>47.71</b>	800	Peter Allanach							47.03	47.71				
392	<b>47.32</b>	422	Faith Coy	F	V40					53.34	24.70	51.42	22.62		
393	<b>47.25</b>	150	Nicola Smith	F	V40			42.56	47.25						
394	<b>47.23</b>	39	Joanna Hobson	F	V50	46.02	15.22	50.29	15.33	56.04	16.68	55.26	14.27		
395	<b>46.89</b>	68	Laura Liddell	F	V55	44.48	20.74	47.03	26.15						
396	<b>46.76</b>	594	Amy Horton	F		42.42	26.83	48.42	19.93						
397	<b>46.51</b>	241	Caroline Craske	F	V45							46.47	46.51		
398	<b>45.75</b>	62	Neil Read		V45							46.54	45.75		
399	<b>45.61</b>	488	Nicola Booth	F						47.39	45.61				
400	<b>45.29</b>	367	Dawn Trevethick	F	V50	45.55	15.80	50.27	15.60	57.22	13.89	59.30	7.44		
401	<b>44.48</b>	298	Chris Sayer	F	V50	45.37	16.67	49.45	16.95			56.50	10.86		
402	<b>43.54</b>	297	Andrew Broadley		V50	45.38	16.38	49.46	16.68			56.50	10.48		
403	<b>43.19</b>	779	Toby Eastaugh		V45			43.23	43.19						
404	<b>42.65</b>	763	Tony Walker		V50			43.28	42.65						
405	<b>42.48</b>	483	Michael Rosher							48.39	42.48				
406	<b>42.40</b>	115	Michelle Robinson	F	V50	45.11	18.41	47.49	23.99						
407	<b>42.33</b>	379	Chris Bennett		V65			49.08	18.58			51.34	23.75		
408	<b>41.93</b>	121	Carolyn Park	F	V40	40.01	41.93								
409	<b>41.67</b>	123	Carolyn Bradley	F	V50	46.15	14.93	51.35	11.54	57.59	12.85	55.29	13.89		
410	<b>41.57</b>	790	Steve Bowyer		V45			43.36	41.57						
411	<b>40.39</b>	424	Christine Burn	F	V55*	47.33	12.32	51.23	12.09	56.33	15.98				
412	<b>39.61</b>	206	Alex Dow	F		40.30	39.61								
413	<b>39.34</b>	509	Jodie Mather - Hunter	F	U18					49.14	39.34				
414	<b>38.86</b>	221	Petra Bijsterveld	F	V50			48.12	21.55			53.32	17.31		
415	<b>38.64</b>	145	Jodie Peary	F						49.21	38.64				
416	<b>38.64</b>	577	Jane Day	F	V50*	47.48	12.03	52.21	10.19	57.04	14.24	56.16	12.37		
417	<b>38.60</b>	220	Emma Moore	F	V35	49.07	9.41	50.54	14.25	56.45	14.94				
418	<b>38.53</b>	109	Alison Parker	F	V50	48.50	10.00	51.12	12.90	58.25	12.50	55.37	13.13		
419	<b>38.49</b>	204	Jillie Townend	F	V55	44.50	20.45	49.14	18.04						
420	<b>38.45</b>	677	Anna Barlow	F	V45	40.68	38.45								

3 from 4 Total Points															
						Race 1 Ilkley Harriers 8-May-2014		Race 2 Nidd Valley RR 20-May-2014		Race 3 Swaledale RR 4-Jun-2014		Race 4 Dragons RC 19-Jun-2014			
				F	Class	Time	Points	Time	Points	Time	Points	Time	Points		
421	<b>38.32</b>	102	Paul Crabtree		DRAGONS RUNNING CLUB			44.22	38.32						
422	<b>37.87</b>	430	Pat Kirby	F	V60	40.37	37.87								
423	<b>37.66</b>	431	David Goddard		V65					55.43	18.08	52.41	19.58		
424	<b>36.67</b>	668	Richard Wysocki		V50	46.37	12.90	51.36	11.27	58.26	12.15	56.41	11.62		
425	<b>36.66</b>	258	Sue Verspyck	F	V50	45.27	17.54	48.58	19.12						
426	<b>36.47</b>	742	Jackie Flynn	F	V45	45.07	18.70	49.16	17.77						
427	<b>35.61</b>	294	Julie Spittle	F	V60			50.12	16.41			52.49	19.20		
428	<b>35.54</b>	18	Rebecca Vaughan	F		41.03	35.54								
429	<b>34.96</b>	46	Jackie Ackroryd	F	V55	41.09	34.96								
430	<b>34.36</b>	519	Jane Mansi	F	V40	45.58	15.51	49.03	18.85						
431	<b>34.09</b>	226	Nick Mellor		V55	41.13	34.09								
432	<b>33.70</b>	736	Jane Rowbotham	F	V55	45.15	17.83	50.25	15.87						
433	<b>33.62</b>	240	Allison Ricci	F	V45							49.21	33.62		
434	<b>32.83</b>	507	Lucy Callaghan	F	U18	43.24	24.51			60.45	8.32				
435	<b>32.76</b>	468	Claire Gillan	F						55.44	17.73	54.53	15.03		
436	<b>31.36</b>	339	Ian Hepworth		V65	46.29	13.48			62.41	5.88	56.22	12.00		
437	<b>31.32</b>	466	Lizzie Biggart	F						51.01	31.32				
438	<b>30.50</b>	724	Caroline Bentham	F	V45	45.32	16.96			57.41	13.54				
439	<b>30.48</b>	748	Eric Morley		V60			46.00	30.48						
440	<b>30.03</b>	243	Hilda Coulsey	F	V55	41.50	30.03								
441	<b>30.03</b>	447	Nigel Morgan		V50			53.43	7.22	59.34	10.06	55.40	12.75		
442	<b>29.97</b>	582	Neil Warr			48.13	10.58	48.55	19.39						
443	<b>29.83</b>	129	Nicky Stevenson	F	V40	47.02	12.61	49.30	17.22						
444	<b>29.57</b>	230	Donald Macrae		V65	49.52	8.25	51.20	12.36			57.42	8.96		
445	<b>29.44</b>	494	Chris Brunold	F								50.08	29.44		
446	<b>29.40</b>	177	Debbie Dilasser	F	V35			46.13	29.40						
447	<b>29.16</b>	573	John Greveson		V50	42.10	29.16								
448	<b>28.60</b>	295	Sarah Norman	F	V35			49.17	17.50	59.11	11.10				
449	<b>28.32</b>	453	Andrea Almack	F	V45	49.01	9.70	51.37	11.00	60.51	7.62				
450	<b>27.88</b>	224	Sally Wright	F	V50	47.52	11.74	50.17	16.14						

3 from 4 Total Points															
						Race 1 Ilkley Harriers 8-May-2014		Race 2 Nidd Valley RR 20-May-2014		Race 3 Swaledale RR 4-Jun-2014		Race 4 Dragons RC 19-Jun-2014			
						F	Class	Time	Points	Time	Points	Time	Points	Time	Points
451	<b>27.66</b>	108	Elizabeth Swinney	DRAGONS RUNNING CLUB	F	V40	48.16	10.29	53.19	8.03				57.38	9.34
452	<b>27.14</b>	149	Darryl McLean	HARROGATE HARR & AC								52.48	27.14		
453	<b>26.90</b>	741	Dianne Addison	HARROGATE HARR & AC	F	V50	46.34	13.19	51.04	13.71					
454	<b>26.72</b>	69	Sean O'Halloran	OTLEY AC			49.55	7.67	53.35	7.76	59.18	10.76	57.51	8.20	
455	<b>26.42</b>	768	Louise Branford White	SWALEDALE RR	F	U18			46.51	26.42					
456	<b>25.88</b>	770	Francis Dobbing	SWALEDALE RR	F	V45			47.05	25.88					
457	<b>25.24</b>	179	Sean Summers	HARROGATE HARR & AC					51.08	13.44	58.32	11.80			
458	<b>25.05</b>	270	Grace Gilpin	SWALEDALE RR	F	V50					53.25	25.05			
459	<b>24.86</b>	117	Andrea Stevenson	DRAGONS RUNNING CLUB	F	V45	49.21	8.83	52.36	9.11	62.05	6.92			
460	<b>24.80</b>	74	Chris Brunhold	OTLEY AC	F	V45	43.08	24.80							
461	<b>24.49</b>	107	Carmen Dojahn-W	DRAGONS RUNNING CLUB	F	V45	49.44	8.54	52.35	9.38	62.05	6.57			
462	<b>23.37</b>	493	Jane Grundy	RIPON RUNNERS	F								51.35	23.37	
463	<b>23.18</b>	769	Kelly Dunkley	RIPON RUNNERS	F				47.56	23.18					
464	<b>22.77</b>	575	Tom Burrell	KNARESBOROUGH		V40	44.06	22.77							
465	<b>21.70</b>	400	Mel Dutka	RIPON RUNNERS	F	V50			52.10	10.46			56.46	11.24	
466	<b>21.55</b>	38	David Cattanach	OTLEY AC		V60	47.58	11.45					57.13	10.10	
467	<b>21.44</b>	203	Coralin Harrison	HARROGATE HARR & AC	F	V65	52.34	6.22	53.39	7.49	60.58	7.27	59.59	6.68	
468	<b>21.03</b>	32	Gemma Harrington	OTLEY AC	F		44.44	21.03							
469	<b>20.74</b>	391	Michelle Needham	RIPON RUNNERS	F	V35			48.27	20.74					
470	<b>20.72</b>	470	Rebecca Hartley	THIRSK & S HARR	F								52.12	20.72	
471	<b>20.52</b>	792	John Hunter	SWALEDALE RR							54.08	20.52			
472	<b>20.47</b>	775	Michelle Todd	RICH & ZET HARR	F	V40			48.34	20.47					
473	<b>20.02</b>	664	Alex Ryan	DRAGONS RUNNING CLUB	F	*	49.53	7.96	55.18	6.13			61.56	5.93	
474	<b>19.96</b>	585	Elizabeth Roberstshaw	VOCALINK RC	F	V35							52.27	19.96	
475	<b>19.66</b>	10	Emma Jones	OTLEY AC	F	V40			48.44	19.66					
476	<b>19.39</b>	459	Clare Goacher	THIRSK & S HARR	F				52.07	10.73	60.24	8.66			
477	<b>18.98</b>	752	David Whapples	VOCALINK RC		V45			52.57	8.57	59.30	10.41			
478	<b>18.42</b>	473	Richard Bailey	THIRSK & S HARR							55.33	18.42			
479	<b>17.83</b>	563	Dawn Richardson	KNARESBOROUGH	F	V50	53.02	5.93	55.46	5.59	63.56	3.78	61.18	6.31	
480	<b>17.82</b>	105	Andi Willbond	DRAGONS RUNNING CLUB	F	V65	48.12	10.87	53.54	6.95					



3 from 4 Total Points															
						Race 1 Ilkley Harriers 8-May-2014		Race 2 Nidd Valley RR 20-May-2014		Race 3 Swaledale RR 4-Jun-2014		Race 4 Dragons RC 19-Jun-2014			
					F	Class	Time	Points	Time	Points	Time	Points	Time	Points	
481	17.54	665	Nicola Robinson	DRAGONS RUNNING CLUB	F		52.20	6.51	55.22	5.86			62.42	5.17	
482	17.31	25	Toni Midgley	OTLEY AC	F				53.09	8.30	60.13	9.01			
483	17.03	464	Helen Goacher	THIRSK & S HARR	F						55.54	17.03			
484	16.71	116	Jayne Mott	DRAGONS RUNNING CLUB	F	V50			52.27	9.65			59.41	7.06	
485	16.33	44	Liz Fawcett	OTLEY AC		V40					56.21	16.33			
486	15.97	446	Sharon Keegan	THIRSK & S HARR	F	V50	53.11	5.64	57.04	4.78			62.27	5.55	
487	15.93	555	Sharon Smith	WETHERBY RUNNERS	F	V55	51.08	7.09	52.47	8.84					
488	15.64	793	Julie Snape	SWALEDALE RR	F						56.38	15.64			
489	15.29	486	Chris Wordsworth	THIRSK & S HARR							56.40	15.29			
490	15.06	760	Jane Hadley	WETHERBY RUNNERS	F	V50			50.42	15.06					
491	14.79	780	Sarah Jones	OTLEY AC	F				50.44	14.79					
492	14.55	120	Suzanne Shaw	DRAGONS RUNNING CLUB	F	V45	51.23	6.80			63.25	4.48	64.19	3.27	
493	14.52	58	Nikki Scott	OTLEY AC	F	V40			50.46	14.52					
494	14.35	71	Julie Dorling	OTLEY AC	F	V40	46.18	14.35							
495	13.98	136	Dawn O'Hara	DRAGONS RUNNING CLUB	F	V45			50.55	13.98					
496	13.90	750	Mathew Lucock	HARROGATE HARR & AC					55.59	5.32			57.44	8.58	
497	13.85	799	Helen Holmes	RIPON RUNNERS	F						63.51	4.13	57.24	9.72	
498	12.82	231	David Millson	ILKLEY HARRIERS		V65	54.29	3.90	57.51	4.51	67.15	1.69	63.21	4.41	
499	12.08	425	Ian Codling	THIRSK & S HARR		V70	54.17	4.19	57.59	4.24	64.30	3.44	64.09	3.65	
500	12.03	457	Joanne Richardson	THIRSK & S HARR	F	V50	53.44	5.35	54.47	6.68					
501	11.81	402	Julie Merrin	RIPON RUNNERS	F	V40			51.31	11.81					
502	11.60	246	Laura Dawes	ILKLEY HARRIERS	F		53.52	4.77			67.05	2.04	62.47	4.79	
503	11.58	414	Maggie Driffield	RIPON RUNNERS	F	V55			55.15	6.40	62.50	5.18			
504	11.45	482	Liz Wordsworth	THIRSK & S HARR	F						58.56	11.45			
505	11.16	663	Megan Cliffe	DRAGONS RUNNING CLUB	F		47.59	11.16							
506	10.75	131	John Wilson	DRAGONS RUNNING CLUB		V60	57.11	2.45	60.05	2.08	62.34	6.22			
507	10.58	451	Jane Cummins	THIRSK & S HARR	F	V50			56.16	5.05	62.45	5.53			
508	9.92	667	Helen Bradbury	DRAGONS RUNNING CLUB	F	V50*			52.26	9.92					
509	9.88	2	Antonio Cardinale	OTLEY AC		V60*	54.03	4.48	58.51	2.89			64.23	2.51	
510	9.71	435	Lyn Jackson	THIRSK & S HARR	F	V45					59.37	9.71			

3 from 4 Total Points															
						Race 1 Ilkley Harriers 8-May-2014		Race 2 Nidd Valley RR 20-May-2014		Race 3 Swaledale RR 4-Jun-2014		Race 4 Dragons RC 19-Jun-2014			
						F	Class	Time	Points	Time	Points	Time	Points	Time	Points
511	<b>9.36</b>	436	Janet Balmain	THIRSK & S HARR		F	V35					59.57	9.36		
512	<b>9.12</b>	642	Sarah Chambers	NIDD VALLEY RR		F	V50	49.21	9.12						
513	<b>9.04</b>	755	Paula Johnstone	RIPON RUNNERS		F	V45			59.42	2.62	66.30	2.39	63.29	4.03
514	<b>8.22</b>	53	Debra Brown	OTLEY AC		F	V40	53.50	5.06	58.49	3.16				
515	<b>7.97</b>	434	Lisa Brown	THIRSK & S HARR		F	V40					60.49	7.97		
516	<b>7.82</b>	160	Emma Andralojc	HARROGATE HARR & AC		F								58.00	7.82
517	<b>7.72</b>	126	Ann Pearson	DRAGONS RUNNING CLUB		F	V45					63.25	4.83	64.21	2.89
518	<b>7.38</b>	218	Liz Watson	HARROGATE HARR & AC		F	V40	50.15	7.38						
519	<b>6.44</b>	114	Carol Britton	DRAGONS RUNNING CLUB		F	V55	56.01	2.74	58.33	3.70				
520	<b>5.72</b>	428	Bev Davies	THIRSK & S HARR		F	V50	57.17	2.16	61.02	1.81	71.03	1.34	65.46	1.75
521	<b>5.56</b>	561	Brenda Grant	KNARESBOROUGH		F	V60			58.34	3.43			64.32	2.13
522	<b>5.38</b>	124	Susan Carey	DRAGONS RUNNING CLUB		F	V40	56.00	3.03	60.04	2.35				
523	<b>4.14</b>	670	Paul Speight	DRAGONS RUNNING CLUB			V50	57.40	1.87	63.42	1.27			75.16	1.00
524	<b>3.97</b>	137	Alison Windlass	DRAGONS RUNNING CLUB		F	V45			58.31	3.97				
525	<b>3.66</b>	426	Marian Codling	THIRSK & S HARR		F	V70	65.14	1.29			72.42	1.00	75.15	1.37
526	<b>3.61</b>	593	Phil Houghton	VOCALINK RC			V40	54.52	3.61						
527	<b>3.32</b>	70	Gloria Jackson	OTLEY AC		F	V55	55.03	3.32						
528	<b>3.12</b>	130	Christine Wilson	DRAGONS RUNNING CLUB		F	V55	59.48	1.58	63.14	1.54				
529	<b>3.09</b>	469	Rachel Stanfield	THIRSK & S HARR		F						65.12	3.09		
530	<b>2.74</b>	463	Sarah Goacher	THIRSK & S HARR		F	V50					66.03	2.74		
531	<b>2.00</b>	134	Suzanne Stott	DRAGONS RUNNING CLUB		F	V50	65.35	1.00	72.38	1.00				