

HDSRL 2015

Team

Results of Race 1, Harrogate

Team Results	Main	Ladies	LVets	Vets	SVets	Elite mm.ss
Dragon Aire	720.78	356.91	199.68	227.56	211.84	118.08
Harrogate Harriers	938.77	469.39	285.66	446.04	442.34	102.39
Ilkley Harriers AC	744.86	384.90	251.79	301.98	347.78	116.44
Knaresborough Striders	793.98	317.53	245.92	312.90	91.16	118.24
Nidd Valley Road Runners	836.38	395.81	262.21	396.88	228.58	113.57
Otley AC	897.11	450.23	283.70	364.79	341.87	112.59
Richmond and Zetland Harriers	118.81	0.00	0.00	31.04	0.00	n/c
Ripon Runners	864.81	460.07	283.06	357.96	383.24	112.09
Skipton AC	777.15	440.37	269.37	290.36	0.00	121.07
Swaledale Road Runners	786.78	307.68	224.43	452.86	284.26	114.45
Thirsk and Sowerby Harriers	774.01	330.48	227.68	374.36	217.75	117.08
Vocalink Running Club	463.77	213.90	132.26	204.33	0.00	137.30
Wetherby Runners	952.26	462.14	277.84	482.22	161.09	111.29

Posn	Time mm.ss	Race #	Name	F?	Vet	Club	Team	Ladies	LVets	MVets	SVets	Hcap
1	33:00	216	Mike Burrett			Harrogate Harriers	100.00					103.09
2	33:28	215	Jonathan Johnson			Harrogate Harriers	99.75					98.61
3	33:40	353	Jack Wood			Ilkley Harriers AC	99.51					98.02
4	35:12	552	Reece Dalton		U18	Ripon Runners	99.27					99.73
5	35:47	892	Will Morris			Dragon Aire	99.03					95.07
6	36:11	202	John Young			Harrogate Harriers	98.79					94.02
7	36:17	619	Greg Macdonald		V45	Thirsk and Sowerby Harriers	98.55			100.00		99.95
8	36:46	693	Paul Nelson		V45	Wetherby Runners	98.31			99.31		98.63
9	37:07	433	Stuart Smith		V40	Swaledale Road Runners	98.07			98.63		94.58
10	37:19	701	Mark Tobin		V40	Wetherby Runners	97.83			97.95		94.08
11	37:24	686	Joseph Kwallah		V45	Wetherby Runners	97.59			97.26		96.96
12	37:26	65	Richard Smith			Otley AC	97.35					88.16
13	37:35	12	Andrew Robertshaw		V45	Otley AC	97.10			96.58		96.49
14	37:37	842	Matthew Wilkinson			Nidd Valley Road Runners	96.86					87.73
15	37:44	804	Jamie Dilasser		V45	Nidd Valley Road Runners	96.62			95.90		96.11
16	37:50	490	James Boddy			Ripon Runners	96.38					89.92
17	37:56	652	Mark Holt		V40	Wetherby Runners	96.14			95.22		92.55
18	37:58	25	Jemery Stewart			Otley AC	95.90					86.92
19	37:59	682	Jamie Thompson			Wetherby Runners	95.66					86.88
20	38:09	679	Guy Whatmore			Wetherby Runners	95.42					86.50
21	38:10	430	Steve Brown		V55	Swaledale Road Runners	95.18			94.53	100.00	102.93
22	38:16	194	Andrew Grant		V45	Harrogate Harriers	94.94			93.85		94.77
23	38:21	13	Graham Lake			Otley AC	94.70					88.71
24	38:33	666	Robert Whitaker			Wetherby Runners	94.45					88.25
25	38:36	807	Andy Todd		V50	Nidd Valley Road Runners	94.21			93.17		97.15
26	38:50	745	Keith Emery			Knaresborough Striders	93.97					87.61
27	39:02	663	Robert Gray		V50	Wetherby Runners	93.73			92.48		96.07
28	39:04	746	Martin Brock			Knaresborough Striders	93.49					87.08
29	39:06	847	Joel Dalby			Skipton AC	93.25					87.01
30	39:07	553	Dougie Scott		V40	Ripon Runners	93.01			91.80		89.75
31	39:08	247	Paul Stockburn		V55	Harrogate Harriers	92.77			91.12	98.52	100.39
32	39:11	52	Shane Ewen			Otley AC	92.53					86.82
33	39:14	611	Stephen Tomaszewski		V50	Thirsk and Sowerby Harriers	92.29			90.44		95.58
34	39:28	681	Seonaid Thompson	F		Wetherby Runners	92.05	100.00				92.91

35	39:28	425	Derek Parrington	V50	Swaledale Road Runners	91.81			89.75	95.02
36	39:29	795	Martin Lofthouse	V45	Nidd Valley Road Runners	91.56			89.07	91.85
37	39:34	233	Richard Willis	V45	Harrogate Harriers	91.32			88.39	91.65
38	39:51	660	David Carberry	V40	Wetherby Runners	91.08			87.71	88.10
39	39:54	246	Stuart Helmore		Harrogate Harriers	90.84				82.71
40	39:54	234	Nick Andralojc	V50	Harrogate Harriers	90.60			87.02	93.98
41	40:00	428	Neil Bowmer	V45	Swaledale Road Runners	90.36			86.34	90.66
42	40:08	183	Adam Prentis	V50	Harrogate Harriers	90.12			85.66	93.44
43	40:16	500	Donna Riddler	F V35	Ripon Runners	89.88	99.48	100.00		94.20
44	40:17	281	Ian Rowbotham	V55	Harrogate Harriers	89.64			84.97	97.04
45	40:17	245	Iain Entwistle		Harrogate Harriers	89.40				84.45
46	40:17	230	Harry Brook-Dobson		Harrogate Harriers	89.16				84.45
47	40:20	871	Gavin Smith		Skipton AC	88.91				81.82
48	40:23	884	Steven Eastwood		Dragon Aire	88.67				84.24
49	40:30	741	Dan Wilson		Knaresborough Striders	88.43				81.48
50	40:43	559	Richard Schofield		Ripon Runners	88.19				81.05
51	40:46	196	Simon Moffatt	V45	Harrogate Harriers	87.95			84.29	88.95
52	40:49	423	Mark Sowerby	V40	Swaledale Road Runners	87.71			83.61	86.01
53	40:54	354	David Brown	V45	Ilkley Harriers AC	87.47			82.93	88.66
54	40:55	290	Paul Walkington		Harrogate Harriers	87.23				80.65
55	40:57	4	Tom Lynch	F	Otley AC	86.99	98.96			89.54
56	41:05	229	Geoffrey Hirst		Harrogate Harriers	86.75				80.32
57	41:08	10	Steven Robinson	V40	Otley AC	86.51			82.24	85.35
58	41:12	271	Emma Robinson	F	Harrogate Harriers	86.27	98.44			89.00
59	41:25	278	Simon Watson	V50	Harrogate Harriers	86.02			81.56	90.54
60	41:34	513	Tori Green	F	Ripon Runners	85.78	97.92			88.21
61	41:37	587	Ken Wood		Thirsk and Sowerby Harriers	85.54				81.75
62	41:41	849	Alastair Wallace	V40	Skipton AC	85.30			80.88	84.22
63	41:49	814	Daniel Eagling		Nidd Valley Road Runners	85.06				81.36
64	41:50	609	Bryan Miller		Thirsk and Sowerby Harriers	84.82				78.88
65	41:51	211	Ben Shacklock		Harrogate Harriers	84.58				81.29
66	41:52	657	Iain Andrews	V40	Wetherby Runners	84.34			80.20	83.85
67	41:58	169	Owain Gwilym		Dragon Aire	84.10				81.07
68	41:58	255	Ian Cooper	V40	Harrogate Harriers	83.86			79.51	83.65
69	42:03	28	Tom Paget		Otley AC	83.62				78.48

70	42:05	737	Ian Mitchell	V50	Knaresborough Striders	83.37			78.83		89.11
71	42:10	347	Tom Worboys		Ilkley Harriers AC	83.13					80.68
72	42:13	262	Tim Palmer	V45	Harrogate Harriers	82.89			78.15		85.90
73	42:18	1	Tom Potter		Otley AC	82.65					78.01
74	42:20	422	Jackie Keavney	F	V50 Swaledale Road Runners	82.41	97.40	99.34			99.94
75	42:30	244	Julian Murray		V40 Harrogate Harriers	82.17			77.46		82.60
76	42:32	854	Richard Annable		V55 Skipton AC	81.93			76.78	95.56	92.36
77	42:35	315	Ben Joynson		Ilkley Harriers AC	81.69					79.89
78	42:37	873	Ben Davies		Skipton AC	81.45					77.43
79	42:40	544	Stephen Butler		Ripon Runners	81.21					79.74
80	42:42	239	Philip Birch		V40 Harrogate Harriers	80.97			76.10		82.22
81	42:44	704	Kevin Easley		V40 Wetherby Runners	80.72			75.42		82.15
82	42:46	777	Simon Williams		V45 Vocalink Running Club	80.48			74.73		84.79
83	42:50	257	Huby Conway		Harrogate Harriers	80.24					79.43
84	42:52	517	Andy Turner		V55 Ripon Runners	80.00			74.05	94.08	91.65
85	42:54	39	Laura Martin	F	V45 Otley AC	79.76	96.89	98.69			94.97
86	42:56	692	Angela Reeve	F	V35 Wetherby Runners	79.52	96.37	98.04			88.35
87	43:00	405	Alan Mackay		V40 Swaledale Road Runners	79.28			73.37		81.64
88	43:08	34	Tamara Weatherhead	F	V45 Otley AC	79.04	95.85	97.39			94.45
89	43:10	540	Paul Walker		V45 Ripon Runners	78.80			72.68		84.01
90	43:12	662	Rob Driver		Wetherby Runners	78.56					76.39
91	43:13	805	Jonathan Easton		Nidd Valley Road Runners	78.32					78.72
92	43:15	885	Rebecca Streets	F	Dragon Aire	78.08	95.33				84.78
93	43:15	601	Graham Robinson		V60 Thirsk and Sowerby Harriers	77.83			72.00	92.61	95.38
94	43:23	431	Robbie Kelly		V55 Swaledale Road Runners	77.59			71.32	91.13	90.55
95	43:32	806	Sam Fugill		Nidd Valley Road Runners	77.35					75.80
96	43:36	193	Wendy Marks	F	V45 Harrogate Harriers	77.11	94.81	96.74			93.44
97	43:39	182	Rosalyn Moore	F	V35 Harrogate Harriers	76.87	94.29	96.09			86.90
98	43:47	817	Carol Morgan	F	V40 Nidd Valley Road Runners	76.63	93.78	95.44			89.73
99	43:48	352	Philip Hurst		V55 Ilkley Harriers AC	76.39			70.64	89.65	89.69
100	43:49	186	Michael Gill		V45 Harrogate Harriers	76.15			69.95		82.76
101	43:50	256	Kevin-Malachy Murphy		V55 Harrogate Harriers	75.91			69.27	88.17	89.63
102	43:50	187	Stephen Nesbitt		V45 Harrogate Harriers	75.67			68.59		82.73
103	43:50	605	Rob Lickley		V40 Thirsk and Sowerby Harriers	75.43			67.91		80.09
104	43:59	734	James Wright		Knaresborough Striders	75.18					75.03

105	44:09	655	Andrew Wheeler	V55	Wetherby Runners	74.94			67.22	86.70	88.98
106	44:13	627	David Fawkes		Thirsk and Sowerby Harriers	74.70					76.94
107	44:14	762	Nicola Carter	F	V40	Knarborough Striders	74.46	93.26	94.78		88.81
108	44:15	845	Simon Franklin		V45	Nidd Valley Road Runners	74.22			66.54	81.95
109	44:19	749	Philip Cornforth		V45	Knarborough Striders	73.98			65.86	81.83
110	44:21	877	Matt Tupling		V40	Dragon Aire	73.74			65.17	79.16
111	44:22	266	Chris Mccarthy			Harrogate Harriers	73.50				74.38
112	44:24	735	Stewart Hymas		V40	Knarborough Striders	73.26			64.49	79.07
113	44:38	863	Anne-Marie Bulcock	F	V45	Skipton AC	73.02	92.74	94.13		91.28
114	44:42	858	Mel Ives	F		Skipton AC	72.78	92.22			82.03
115	44:50	32	Gary Cochraine		V40	Otley AC	72.54			63.81	78.30
116	44:57	487	Matthew Holt		V40	Ripon Runners	72.29			63.13	78.10
117	44:58	447	Andrew Everard			Richmond and Zetland Harriers	72.05				75.66
118	45:00	763	Sime Lowery	F	V40	Knarborough Striders	71.81	91.70	93.48		87.30
119	45:00	214	Simon Lawson		V45	Harrogate Harriers	71.57			62.44	80.59
120	45:02	188	Sarah Gill	F	V50	Harrogate Harriers	71.33	91.18	92.83		93.95
121	45:05	66	John Armitstead		V55	Otley AC	71.09			61.76	85.22
122	45:11	344	Paul Stephens		V55	Ilkley Harriers AC	70.85			61.08	83.74
123	45:14	48	Michael Pickard		V45	Otley AC	70.61			60.40	80.17
124	45:15	851	Dave Gorman		V50	Skipton AC	70.37			59.71	82.87
125	45:24	228	Charlotte Roberts	F		Harrogate Harriers	70.13	90.67			80.76
126	45:27	192	Jodie Peary	F		Harrogate Harriers	69.89	90.15			80.67
127	45:28	198	Tim Broomfield		V55	Harrogate Harriers	69.64			59.03	82.26
128	45:35	556	Claire Jamieson	F	V50	Ripon Runners	69.40	89.63	92.18		92.81
129	45:40	219	J. Dan Simmons		V50	Harrogate Harriers	69.16			58.35	82.12
130	45:41	667	Phoebe Coster	F	U18	Wetherby Runners	68.92	89.11			86.00
131	45:43	654	Nina Batt	F		Wetherby Runners	68.68	88.59			80.20
132	45:45	765	Steve Garlick		V50	Vocalink Running Club	68.44			57.66	81.97
133	45:51	346	Will Worboys			Ilkley Harriers AC	68.20				74.20
134	45:52	671	Gill Edmondson	F	V35	Wetherby Runners	67.96	88.07	91.53		82.70
135	45:54	9	Andy Webster		V40	Otley AC	67.72			56.98	76.48
136	45:55	519	Tony White		V60	Ripon Runners	67.48			56.30	80.79
137	46:00	532	Sheena Jackson	F	V35	Ripon Runners	67.24	87.56	90.88		82.46
138	46:05	59	Hosker Chris			Otley AC	67.00				73.82
139	46:06	549	Ray Johnstone		V55	Ripon Runners	66.75			55.62	79.31

140	46:06	27	Matt Podd	V55	Otley AC	66.51			54.93	77.83	85.22
141	46:07	222	Peter Edwards	V50	Harrogate Harriers	66.27			54.25		81.32
142	46:09	733	Julian Carr	V40	Knaresborough Striders	66.03			53.57		76.07
143	46:11	243	Tim Pocock	V55	Harrogate Harriers	65.79			52.88	76.35	85.06
144	46:13	801	Rob Snow	V55	Nidd Valley Road Runners	65.55			52.20	74.88	85.00
145	46:19	869	Jayne Butterworth	F	V50	Skipton AC	65.31	87.04	90.23		91.34
146	46:22	547	John Chatwin			Ripon Runners	65.07				73.37
147	46:28	865	Jenny Wade	F		Skipton AC	64.83	86.52			78.91
148	46:33	238	Steve Woollven		V40	Harrogate Harriers	64.59			51.52	75.42
149	46:35	811	Stephen Newton		V45	Nidd Valley Road Runners	64.35			50.84	77.85
150	46:35	205	Amy Hill	F		Harrogate Harriers	64.10	86.00			78.71
151	46:37	534	Anneke Imeson	F	V35	Ripon Runners	63.86	85.48	89.57		81.37
152	46:37	629	Charlotte Wilton	F	V35	Thirsk and Sowerby Harriers	63.62	84.96	88.92		81.37
153	46:39	744	Sean Brennan		V45	Knaresborough Striders	63.38			50.15	77.74
154	46:40	665	Emma Coster	F	V40	Wetherby Runners	63.14	84.45	88.27		84.18
155	46:41	30	Nicola Lee	F	V35	Otley AC	62.90	83.93	87.62		81.25
156	46:48	200	Rob Athey		V40	Harrogate Harriers	62.66			49.47	75.01
157	46:53	17	Eriks Zuaigzne		V60	Otley AC	62.42			48.79	73.40
158	46:57	128	Simon Peck		V60	Dragon Aire	62.18			48.11	71.92
159	47:03	624	Alan Pollock			Thirsk and Sowerby Harriers	61.94				70.14
160	47:07	40	Andy Barker			Otley AC	61.70				72.21
161	47:09	267	Donald Morgan		V50	Harrogate Harriers	61.45			47.42	79.53
162	47:14	511	Simon Mccudden		V55	Ripon Runners	61.21			46.74	70.44
163	47:16	829	Emma Dooley	F	V40	Nidd Valley Road Runners	60.97	83.41	86.97		83.12
164	47:25	816	Paul Eagling			Nidd Valley Road Runners	60.73				69.60
165	47:27	122	Kevin Nicholas		V50	Dragon Aire	60.49			46.06	79.03
166	47:36	887	Paul Denvers			Dragon Aire	60.25				69.33
167	47:38	337	Julie Watson	F	V45	Ilkley Harriers AC	60.01	82.89	86.32		85.53
168	47:39	334	Adrian Weatherly		V50	Ilkley Harriers AC	59.77			45.37	78.70
169	47:40	160	Peter Bryant		V50	Dragon Aire	59.53			44.69	78.67
170	47:41	598	Steven Scott		V45	Thirsk and Sowerby Harriers	59.29			44.01	76.05
171	47:42	748	Andy Roberts		V50	Knaresborough Striders	59.05			43.33	78.62
172	47:48	848	Derek Ives		V55	Skipton AC	58.81			42.64	68.97
173	47:49	674	Debbie Dennison	F	V50	Wetherby Runners	58.56	82.37	85.67		88.48
174	47:52	45	Peter Gosling			Otley AC	58.32				71.07

210	49:16	837	Emma David	F	V35	Nidd Valley Road Runners	49.65	72.01	73.94			76.99
211	49:16	812	Ian Mcleod		V55	Nidd Valley Road Runners	49.41			33.77	61.58	79.74
212	49:22	207	Melanie Rice	F	V40	Harrogate Harriers	49.17	71.49	73.29			79.58
213	49:23	268	Angus Morgan			Harrogate Harriers	48.93					68.89
214	49:26	264	Tim Bennett	F	V45	Harrogate Harriers	48.69	70.97	72.64			82.42
215	49:28	617	Martyn Coy		V40	Thirsk and Sowerby Harriers	48.45			33.08		70.97
216	49:41	26	Andrew Raynor		V45	Otley AC	48.21			32.40		72.99
217	49:44	505	Nicole Sutton	F	V35	Ripon Runners	47.97	70.45	71.99			76.27
218	49:46	537	Claire Walker	F		Ripon Runners	47.72	69.93				73.68
219	49:48	883	Hannah Pinder	F		Dragon Aire	47.48	69.41				76.17
220	49:49	591	Andy Butcher		V45	Thirsk and Sowerby Harriers	47.24			31.72		72.79
221	49:51	822	Christine Jones	F	V50	Nidd Valley Road Runners	47.00	68.90	71.34			84.87
222	49:52	446	Raymond Robson		V45	Richmond and Zetland Harriers	46.76			31.04		72.72
223	49:55	850	Brian Hugill		V45	Skipton AC	46.52			30.35		72.65
224	49:58	861	Emma Newbould	F	V45	Skipton AC	46.28	68.38	70.69			81.54
225	49:58	153	Ruth Bowman	F	V35	Dragon Aire	46.04	67.86	70.03			75.91
226	49:59	21	David Fox		V55	Otley AC	45.80			29.67	60.10	78.60
227	50:03	512	Andy Purll		V40	Ripon Runners	45.56			28.99		70.14
228	50:07	5	Sara Elliott	F	V40	Otley AC	45.32	67.34	69.38			78.39
229	50:07	493	Stan Appleton		V65	Ripon Runners	45.08			28.31	58.62	86.64
230	50:18	417	Louise Branford-White		V40	Swaledale Road Runners	44.83			27.62		69.79
231	50:18	123	Paul Crabtree			Dragon Aire	44.59					67.64
232	50:21	767	Gareth Hardcastle			Vocalink Running Club	44.35					67.57
233	50:24	608	Brian Smith		V40	Thirsk and Sowerby Harriers	44.11			26.94		69.66
234	50:25	774	Cath Walls	F		Vocalink Running Club	43.87	66.82				72.73
235	50:32	318	Stephanie Fox	F	V40	Ilkley Harriers AC	43.63	66.30	68.73			77.74
236	50:35	558	Jane Grundy	F		Ripon Runners	43.39	65.79				72.49
237	50:40	343	Christine Cox	F	V55	Ilkley Harriers AC	43.15	65.27	68.08		57.14	88.02
238	50:44	594	Geoff Bullock		V65	Thirsk and Sowerby Harriers	42.91			26.26	55.67	85.59
239	50:46	324	Will Buckton			Ilkley Harriers AC	42.67					65.00
240	50:48	780	Luke Fitzgerald		V45	Vocalink Running Club	42.43			25.57		71.39
241	51:04	676	Pete Callaghan		V50	Wetherby Runners	42.18			24.89		73.43
242	51:05	557	Laura Strangeway	F		Ripon Runners	41.94	64.75				71.78
243	51:06	527	Ian Swincoe		V45	Ripon Runners	41.70			24.21		70.97
244	51:09	136	Steve Davies		V55	Dragon Aire	41.46			23.53	54.19	76.80

245	51:12	199	Eve Hawkins	F	V35	Harrogate Harriers	41.22	64.23	67.43			74.08
246	51:22	520	Heather Glegg	F	V45	Ripon Runners	40.98	63.71	66.78			79.31
247	51:23	16	Dominic Egan		V45	Otley AC	40.74			22.84		70.57
248	51:24	203	Paul Berwin		V55	Harrogate Harriers	40.50			22.16	52.71	76.43
249	51:26	696	Drew Ward		V60	Wetherby Runners	40.26			21.48	51.23	80.20
250	51:35	67	Neil Reed		V50	Otley AC	40.02			20.80		72.70
251	51:38	149	Sarah Tomlinson	F	V40	Dragon Aire	39.78	63.19	66.13			76.09
252	51:40	403	Vicki Howe	F	V50	Swaledale Road Runners	39.54	62.68	65.48			81.89
253	51:41	509	Lesley Willoughby	F	V45	Ripon Runners	39.29	62.16	64.82			78.83
254	51:42	51	Gilly Wright	F		Otley AC	39.05	61.64				70.92
255	51:43	163	Lauren Tasker	F		Dragon Aire	38.81	61.12				70.90
256	51:44	522	Anne Cheeseman	F	V50	Ripon Runners	38.57	60.60	64.17			81.78
257	51:50	878	Rhonda Neilson	F	V35	Dragon Aire	38.33	60.08	63.52			73.18
258	51:51	610	Claire Gillian	F		Thirsk and Sowerby Harriers	38.09	59.57				70.72
259	51:52	595	Marc Davies		V50	Thirsk and Sowerby Harriers	37.85			20.11		72.30
260	51:54	329	Allison Ricci	F	V45	Ilkley Harriers AC	37.61	59.05	62.87			78.50
261	51:55	843	Sarah Gordon	F	V40	Nidd Valley Road Runners	37.37	58.53	62.22			75.67
262	51:57	151	Jan Davies	F	V50	Dragon Aire	37.13	58.01	61.57			81.44
263	51:58	413	Ronan Walsh			Swaledale Road Runners	36.89					63.50
264	51:59	678	Andy Green			Wetherby Runners	36.64					65.45
265	52:00	859	Helen Lindley	F	V45	Skipton AC	36.40	57.49	60.92			78.35
266	52:01	582	Fran Jeffery	F	V35	Thirsk and Sowerby Harriers	36.16	56.97	60.26			72.92
267	52:08	351	Peter Lewis		V65	Ilkley Harriers AC	35.92			19.43	49.76	83.29
268	52:09	435	Janet Ilesley	F	V50	Swaledale Road Runners	35.68	56.46	59.61			81.13
269	52:16	823	Jenny Manning	F	V40	Nidd Valley Road Runners	35.44	55.94	58.96			75.16
270	52:19	15	Sue Tupling	F	V45	Otley AC	35.20	55.42	58.31			77.87
271	52:19	225	Kathryn Dransfield	F		Harrogate Harriers	34.96	54.90				70.09
272	52:20	753	Pamala Singleton	F	V50	Knaresborough Striders	34.72	54.38	57.66			80.84
273	52:23	560	John Ward		V65	Ripon Runners	34.48			18.75	48.28	82.89
274	52:26	126	Nicky Stevenson	F	V40	Dragon Aire	34.24	53.86	57.01			74.93
275	52:27	768	Sarah Hart	F	V40	Vocalink Running Club	34.00	53.35	56.36			74.90
276	52:28	585	Pat Kirby	F	V65	Thirsk and Sowerby Harriers	33.75	52.83	55.71		46.80	95.30
277	52:28	700	Lara Johnson	F		Wetherby Runners	33.51	52.31				69.89
278	52:29	333	Paul Sugden		V50	Ilkley Harriers AC	33.27			18.06		71.45
279	52:30	237	Neilhindmarch		V50	Harrogate Harriers	33.03			17.38		71.43

280	52:35	349	James Rochfort	V40	Ilkley Harriers AC	32.79			16.70	66.76		
281	52:41	628	Malcolm Aitken		Thirsk and Sowerby Harriers	32.55				64.58		
282	52:42	3	John Davis	V50	Otley AC	32.31			16.02	71.16		
283	52:46	322	Geoffrey White		Ilkley Harriers AC	32.07				62.54		
284	52:47	496	Angie Benson	F	V50	Ripon Runners	31.83	51.79	55.05	80.15		
285	52:50	185	Mark Hattersley		V50	Harrogate Harriers	31.59			15.33	70.98	
286	52:51	46	Colin Best		V60	Otley AC	31.35			14.65	45.32	78.05
287	52:54	797	Helen Gregory	F	V40	Nidd Valley Road Runners	31.10	51.27	54.40			74.26
288	52:55	314	Hilda Coulese	F	V60	Ilkley Harriers AC	30.86	50.75	53.75		43.85	89.09
289	53:00	761	Ali Dale	F	V50	Knaresborough Striders	30.62	50.24	53.10			79.83
290	53:02	879	Nick Ford			Dragon Aire	30.38					62.23
291	53:03	510	Tim Joynson		V55	Ripon Runners	30.14			13.97	42.37	74.05
292	53:11	841	Alex Crowton			Nidd Valley Road Runners	29.90					63.97
293	53:12	881	Margaret Britton	F	V60	Dragon Aire	29.66	49.72	52.45		40.89	88.61
294	53:12	868	Angela Dowbiggan	F	V45	Skipton AC	29.42	49.20	51.80			76.58
295	53:14	542	Hayley Whipp	F	V40	Ripon Runners	29.18	48.68	51.15			73.80
296	53:17	331	Julie Elmes	F	V45	Ilkley Harriers AC	28.94	48.16	50.50			76.46
297	53:19	486	Chris Appleton		V55	Ripon Runners	28.70			13.28	39.41	73.68
298	53:21	691	Neil Berry			Wetherby Runners	28.45					63.77
299	53:22	401	Julia Spittle	F	V60	Swaledale Road Runners	28.21	47.64	49.84		37.94	88.34
300	53:22	134	Karen Kirkbright	F	V50	Dragon Aire	27.97	47.13	49.19			79.28
301	53:23	506	Clare Childs	F	V40	Ripon Runners	27.73	46.61	48.54			73.59
302	53:24	825	Sarah Hughan	F	V35	Nidd Valley Road Runners	27.49	46.09	47.89			71.03
303	53:29	348	Sandra Rochfort	F	V40	Ilkley Harriers AC	27.25	45.57	47.24			73.45
304	53:37	492	John Grundy		V70	Ripon Runners	27.01			12.60	36.46	85.48
305	53:42	867	Mel Steventon	F		Skipton AC	26.77	45.05				68.28
306	53:45	227	Richard Burton	F	V55	Harrogate Harriers	26.53	44.53	46.59		34.98	82.97
307	53:47	890	Rachel Jovanovic	F		Dragon Aire	26.29	44.02				68.17
308	53:48	54	Nick Hodgkinson		V55	Otley AC	26.05			11.92	33.50	73.02
309	53:57	404	Zoe Mackay	F	V40	Swaledale Road Runners	25.81	43.50	45.94			72.82
310	54:01	503	Helena Conlin	F	V45	Ripon Runners	25.56	42.98	45.28			75.42
311	54:12	766	Richard Gorman		V40	Vocalink Running Club	25.32			11.24		64.77
312	54:21	670	Kate Thomas	F	V35	Wetherby Runners	25.08	42.46	44.63			69.79
313	54:26	518	Jackie Turner	F	V50	Ripon Runners	24.84	41.94	43.98			77.72
314	54:38	831	Debbie Gibson	F	V50	Nidd Valley Road Runners	24.60	41.42	43.33			77.44

315	54:40	55	Martin Weston			Otley AC	24.36				62.23
316	54:41	148	Leah Forey	F	U16	Dragon Aire	24.12	40.91			71.84
317	54:45	147	Helen Forey	F	V45	Dragon Aire	23.88	40.39	42.68		74.41
318	54:50	189	Stephanie Bryant	F		Harrogate Harriers	23.64	39.87			66.87
319	54:54	161	Lynda Parkinson	F	V35	Dragon Aire	23.40	39.35	42.03		69.09
320	54:56	783	Dan Dickinson			Vocalink Running Club	23.16				61.93
321	54:59	872	Emma Yiu	F	V35	Skipton AC	22.91	38.83	41.38		68.99
322	55:00	870	Jan Smith	F	V50	Skipton AC	22.67	38.31	40.73		76.92
323	55:01	515	Jo Thwaites	F	V40	Ripon Runners	22.43	37.80	40.07		71.41
324	55:02	2	Joanna Hobson	F	V55	Otley AC	22.19	37.28	39.42	32.02	81.03
325	55:12	162	Claudia Bordogna	F	V35	Dragon Aire	21.95	36.76	38.77		68.72
326	55:22	525	Caroline Bentham	F	V45	Ripon Runners	21.71	36.24	38.12		73.58
327	55:24	38	Gemma Harrington	F	V35	Otley AC	21.47	35.72	37.47		68.47
328	55:40	672	Fiona Wilcoxon	F	V35	Wetherby Runners	21.23	35.20	36.82		68.14
329	55:45	419	Christina Sayer	F	V55	Swaledale Road Runners	20.99	34.69	36.17	30.55	79.99
330	55:53	834	Rebecca Ventress	F	V35	Nidd Valley Road Runners	20.75	34.17	35.51		67.88
331	55:57	321	Sue Williamson	F	V50	Ilkley Harriers AC	20.51	33.65	34.86		75.62
332	56:02	736	David Sowray		V50	Knaresborough Striders	20.27			10.55	66.92
333	56:10	504	Kelly Dunkley	F		Ripon Runners	20.02	33.13			65.28
334	56:20	19	Laura Hind	F	V35	Otley AC	19.78	32.61	34.21		67.33
335	56:24	135	Arlene Davies	F	V50	Dragon Aire	19.54	32.09	33.56		75.01
336	56:30	164	Gary Waite		V50	Dragon Aire	19.30			9.87	66.37
337	56:37	495	Fiona Alder	F	V55	Ripon Runners	19.06	31.58	32.91	29.07	78.77
338	56:38	502	Tony Carr		V50	Ripon Runners	18.82			9.19	66.22
339	56:38	409	Karen Palmer	F	V50	Swaledale Road Runners	18.58	31.06	32.26		74.70
340	56:40	656	Samantha Parker	F	V45	Wetherby Runners	18.34	30.54	31.61		71.90
341	56:47	11	Toni Midgley	F		Otley AC	18.10	30.02			64.57
342	56:54	808	Nick Smith		V55	Nidd Valley Road Runners	17.86			8.51	27.59
343	56:59	498	Mel Dutka	F	V50	Ripon Runners	17.62	29.50	30.96		74.25
344	57:07	142	Clare Pierce	F	V60	Dragon Aire	17.37	28.98	30.30	26.11	82.54
345	57:17	402	Sarah Norman	F	V35	Swaledale Road Runners	17.13	28.47	29.65		66.22
346	57:20	756	Tracy Allison	F	V50	Knaresborough Striders	16.89	27.95	29.00		73.79
347	57:27	410	Roger Brisley		V60	Swaledale Road Runners	16.65			7.82	24.64
348	57:30	809	Alison Little	F	V45	Nidd Valley Road Runners	16.41	27.43	28.35		70.85
349	57:31	618	Faith Coy	F	V40	Thirsk and Sowerby Harriers	16.17	26.91	27.70		68.30

350	57:34	326	Emma O'Looney	F	V45	Ilkley Harriers AC	15.93	26.39	27.05			70.77
351	57:39	283	Wendy Bennett	F	V40	Harrogate Harriers	15.69	25.87	26.40			68.15
352	57:49	824	Sarah Chalmers	F	V50	Nidd Valley Road Runners	15.45	25.36	25.75			73.18
353	58:02	195	Nigel Wright		V50	Harrogate Harriers	15.21			7.14		64.62
354	58:06	781	Neil Warr			Vocalink Running Club	14.97					58.56
355	58:08	680	Pete Galley		V60	Wetherby Runners	14.72			6.46	23.16	70.96
356	58:14	44	Emma Thomson	F		Otley AC	14.48	24.84				62.97
357	58:15	818	Natalie Lancosova	F		Nidd Valley Road Runners	14.24	24.32				62.95
358	58:28	143	Zoe Dooley	F	V40	Dragon Aire	14.00	23.80	25.09			67.19
359	58:44	155	Joy Wetherill	F	V50	Dragon Aire	13.76	23.28	24.44			72.03
360	59:12	893	Julie Stead	F	V50	Dragon Aire	13.52	22.76	23.79			71.47
361	59:18	830	Jane Hill	F	V40	Nidd Valley Road Runners	13.28	22.25	23.14			66.25
362	59:21	620	Louise Thompson	F	V35	Thirsk and Sowerby Harriers	13.04	21.73	22.49			63.91
363	59:29	23	David Cattanach		V60	Otley AC	12.80			5.77	21.68	69.35
364	59:37	821	Michelle Smith	F	V45	Nidd Valley Road Runners	12.56	21.21	21.84			68.34
365	59:41	776	David Whapples		V45	Vocalink Running Club	12.32			5.09		60.76
366	59:43	584	Christine Burn	F	V60	Thirsk and Sowerby Harriers	12.08	20.69	21.19		20.20	78.94
367	59:57	335	Natalie York	F	V45	Ilkley Harriers AC	11.83	20.17	20.53			67.96
368	59:59	769	Beth Littlewood	F		Vocalink Running Club	11.59	19.65				61.13
369	60:00	138	Simon Brown		V55	Dragon Aire	11.35			4.41	18.73	65.48
370	60:01	406	Karen Thompson	F	V50	Swaledale Road Runners	11.11	19.14	19.88			70.49
371	60:03	407	Shelagh Pearce	F	V55	Swaledale Road Runners	10.87	18.62	19.23		17.25	74.26
372	60:09	429	Sarah Haynes	F		Swaledale Road Runners	10.63	18.10				60.96
373	60:10	427	Ros Blackmore	F	V45	Swaledale Road Runners	10.39	17.58	18.58			67.71
374	60:18	590	Alison Butcher	F	V45	Thirsk and Sowerby Harriers	10.15	17.06	17.93			67.56
375	60:20	630	Andrea Almack	F	V45	Thirsk and Sowerby Harriers	9.91	16.54	17.28			67.53
376	60:22	145	Caroline Bradley	F	V50	Dragon Aire	9.67	16.03	16.63			70.08
377	60:26	880	Clare Ford	F		Dragon Aire	9.43	15.51				60.67
378	60:27	833	Aimi Blueman	F	V40	Nidd Valley Road Runners	9.18	14.99	15.98			64.99
379	60:39	755	Andrea Price	F	V45	Knaresborough Striders	8.94	14.47	15.32			67.17
380	60:42	317	Claire Murphy	F	V40	Ilkley Harriers AC	8.70	13.95	14.67			64.72
381	61:04	316	Don Macrae		V65	Ilkley Harriers AC	8.46			3.73	15.77	71.10
382	61:08	434	Allyson Cole	F	V50	Swaledale Road Runners	8.22	13.43	14.02			69.21
383	61:16	127	Andrea Willbond	F	V65	Dragon Aire	7.98	12.92	13.37		14.29	81.61
384	61:17	129	Claire Featherstone	F		Dragon Aire	7.74	12.40				59.83

385	61:19	412	Nicki Walsh	F		Swaledale Road Runners	7.50	11.88				59.80
386	61:23	827	Ewa Scott	F	V40	Nidd Valley Road Runners	7.26	11.36	12.72			64.00
387	61:26	501	Chris Bennett		V65	Ripon Runners	7.02			3.04	12.82	70.68
388	61:39	152	Alison Parker	F	V50	Dragon Aire	6.78	10.84	12.07			68.63
389	61:39	131	Anne Lipman	F	V50	Dragon Aire	6.54	10.32	11.42			68.63
390	61:39	133	Elizabeth Swinney	F	V40	Dragon Aire	6.29	9.81	10.76			63.72
391	62:05	743	Stephen Morris		V55	Knaresborough Striders	6.05			2.36	11.34	63.28
392	63:17	144	Rachel Maskill-Rogan	F	V45	Dragon Aire	5.81	9.29	10.11			64.38
393	63:33	132	Suzanne Shaw	F	V45	Dragon Aire	5.57	8.77	9.46			64.11
394	63:34	150	Jayne Mott	F	V50	Dragon Aire	5.33	8.25	8.81			66.56
395	63:40	760	Janet Morris	F	V55	Knaresborough Striders	5.09	7.73	8.16		9.86	70.04
396	64:10	270	Norris Chacon-Hidalgo			Harrogate Harriers	4.85					51.43
397	64:15	550	Paula Johnstone	F	V45	Ripon Runners	4.61	7.21	7.51			63.41
398	64:46	158	Nicola Robinson	F		Dragon Aire	4.37	6.70				56.61
399	65:02	323	Laura Dawes	F		Ilkley Harriers AC	4.13	6.18				56.38
400	65:08	42	Antonio Cardinale		V65	Otley AC	3.89			1.68	8.38	66.66
401	65:12	524	Julie Merrin	F	V40	Ripon Runners	3.64	5.66	6.86			60.25
402	65:14	758	Brenda Grant	F	V60	Knaresborough Striders	3.40	5.14	6.21		6.91	72.27
403	65:16	541	Maggie Driffield	F	V55	Ripon Runners	3.16	4.62	5.55		5.43	68.33
404	65:17	754	Dawn Richardson	F	V50	Knaresborough Striders	2.92	4.10	4.90			64.81
405	66:59	832	Michelle Dinsdale	F	V40	Nidd Valley Road Runners	2.68	3.59	4.25			58.65
406	67:15	623	Phillip Craig			Thirsk and Sowerby Harriers	2.44					49.07
407	67:26	529	Linda Cadman	F	V60	Ripon Runners	2.20	3.07	3.60		3.95	69.91
408	69:08	592	Ian Codling		V75	Thirsk and Sowerby Harriers	1.96			1.00	2.47	70.20
409	69:30	159	Susan Carey	F	V45	Dragon Aire	1.72	2.55	2.95			58.62
410	69:50	596	Bev Davies	F	V50	Thirsk and Sowerby Harriers	1.48	2.03	2.30			60.58
411	71:11	803	Fiona Robinson	F	V50	Nidd Valley Road Runners	1.24	1.51	1.65			59.43
412	75:34	593	Marian Codling	F	V70	Thirsk and Sowerby Harriers	1.00	1.00	1.00		1.00	70.44