

<b>Team Results</b>	<b>Main</b>	<b>Ladies</b>	<b>LVets</b>	<b>Vets</b>	<b>SVets</b>	<b>Elite mm.ss</b>
Dragon Aire	567.15	286.71	150.26	213.90	59.82	100.49
Harrogate Harriers	941.47	474.07	290.17	451.92	421.14	82.05
Ilkley Harriers AC	337.76	224.57	207.54	71.41	171.66	103.31
Knaresborough Striders	857.60	233.20	233.71	354.40	70.66	92.42
Nidd Valley Road Runners	783.68	398.98	261.53	325.27	120.32	92.24
Otley AC	769.12	162.78	146.98	299.79	259.82	87.00
Richmond and Zetland Harriers	534.21	194.68	0.00	172.60	0.00	90.10
Ripon Runners	901.23	450.81	290.99	433.74	397.32	88.25
Skipton AC	803.37	396.98	259.08	308.53	145.00	91.33
Swaledale Road Runners	746.04	293.34	212.44	435.19	333.16	91.23
Thirsk and Sowerby Harriers	698.12	308.61	226.35	306.35	158.98	96.59
Vocalink Running Club	488.69	124.25	128.81	268.50	0.00	102.39
Wetherby Runners	854.45	444.16	260.71	440.28	172.65	87.40

**Cumulative team results after 3 races**

Dragon Aire	1972.73	934.11	503.17	668.97	372.65	326.32
Harrogate Harriers	2787.89	1419.17	863.23	1354.61	1317.76	294.35
Ilkley Harriers AC	1856.26	1007.75	724.39	723.32	751.88	326.39
Knaresborough Striders	2468.81	828.42	727.05	950.72	240.96	320.28
Nidd Valley Road Runners	2396.23	1203.30	784.07	1051.20	533.75	316.49
Otley AC	2511.16	785.74	567.15	1032.29	899.86	304.05
Richmond and Zetland Harriers	772.47	194.68	0.00	234.03	0.00	n/c
Ripon Runners	2468.98	1279.95	822.02	1117.66	1124.42	315.37
Skipton AC	2365.60	1253.98	789.78	819.44	463.83	319.01
Swaledale Road Runners	2031.08	874.73	641.86	1174.56	810.88	319.70
Thirsk and Sowerby Harriers	2140.38	947.50	639.09	971.86	467.21	323.15
Vocalink Running Club	1339.31	477.38	372.83	717.57	0.00	362.17
Wetherby Runners	2700.34	1299.73	786.48	1405.47	393.84	299.28

Posn	Time mm.ss	Race #	Name	F?	Vet	Club	Team	Ladies	LVets	MVets	SVets	Hcap
1	26:50	216	Mike Burrett			Harrogate Harriers	100.00					103.09
2	27:23	215	Jonathan Johnson			Harrogate Harriers	99.71					97.99
3	27:37	63	Scott Harrington			Otley AC	99.42					100.17
4	27:52	260	Ed Beecher		U18	Harrogate Harriers	99.14					102.44
5	28:06	857	Julian Hood			Skipton AC	98.85					98.45
6	28:08	919	Paul Milgate		V40	Wetherby Runners	98.57			100.00		101.47
7	28:37	552	Reece Dalton		U18	Ripon Runners	98.28					99.75
8	29:02	449	Carl Jones		V40	Richmond and Zetland Harrie	98.00			99.27		98.32
9	29:26	35	Tom Midgley			Otley AC	97.71					91.17
10	29:35	508	Richard Watson		V45	Ripon Runners	97.43			98.54		99.67
11	29:38	682	Jamie Thompson			Wetherby Runners	97.14					90.55
12	29:54	663	Robert Gray		V50	Wetherby Runners	96.86			97.81		101.98
13	29:57	12	Andrew Robertshaw		V45	Otley AC	96.57			97.08		98.45
14	30:07	433	Stuart Smith		V40	Swaledale Road Runners	96.29			96.36		94.79
15	30:13	526	Paul Cook		V40	Ripon Runners	96.00			95.63		94.47
16	30:19	430	Steve Brown		V55	Swaledale Road Runners	95.72			94.90	100.00	105.37
17	30:19	451	Jo Adams	F		Richmond and Zetland Harrie	95.43	100.00				98.34
18	30:20	490	James Boddy			Ripon Runners	95.14					91.20
19	30:27	291	Shaun Winstanley		V45	Harrogate Harriers	94.86			94.17		96.84
20	30:33	247	Paul Stockburn		V55	Harrogate Harriers	94.57			93.44	98.16	104.56
21	30:39	746	Martin Brock			Knaresborough Striders	94.29					90.26
22	30:39	807	Andy Todd		V50	Nidd Valley Road Runners	94.00			92.72		99.49
23	30:45	514	Sharon Barlow	F	V35	Ripon Runners	93.72	99.33	100.00			100.30
24	30:46	842	Matthew Wilkinson			Nidd Valley Road Runners	93.43					87.22
25	30:49	452	Dave Hack			Richmond and Zetland Harrie	93.15					89.77
26	30:55	752	Simon Shaw		V40	Knaresborough Striders	92.86			91.99		92.33
27	30:57	425	Derek Parrington		V50	Swaledale Road Runners	92.58			91.26		98.52
28	30:59	795	Martin Lofthouse		V45	Nidd Valley Road Runners	92.29			90.53		95.17
29	31:03	211	Ben Shacklock			Harrogate Harriers	92.01					89.09
30	31:08	745	Keith Emery			Knaresborough Striders	91.72					88.85
31	31:10	184	Nathan Smith		V40	Harrogate Harriers	91.44			89.80		91.59
32	31:13	553	Dougie Scott		V40	Ripon Runners	91.15			89.08		91.45
33	31:16	611	Stephen Tomaszewski		V50	Thirsk and Sowerby Harriers	90.87			88.35		97.52
34	31:34	275	David Harrison		V40	Harrogate Harriers	90.58			87.62		90.43

35	31:35	<b>847</b>	Joel Dalby		Skipton AC	90.29			87.59
36	31:36	<b>750</b>	Rob Clarke		Knaresborough Striders	90.01			87.54
37	31:37	<b>183</b>	Adam Prentis		V50 Harrogate Harriers	89.72		86.89	96.44
38	31:40	<b>293</b>	Lorraine Mitchell	F	V40 Harrogate Harriers	89.44	98.67	99.18	100.88
39	31:41	<b>657</b>	Iain Andrews		V40 Wetherby Runners	89.15		86.16	90.10
40	31:46	<b>233</b>	Richard Willis		V45 Harrogate Harriers	88.87		85.44	92.82
41	31:48	<b>229</b>	Geoffrey Hirst		Harrogate Harriers	88.58			84.38
42	31:52	<b>871</b>	Gavin Smith		Skipton AC	88.30			84.21
43	31:56	<b>849</b>	Alastair Wallace		V40 Skipton AC	88.01		84.71	89.39
44	31:56	<b>278</b>	Simon Watson		V50 Harrogate Harriers	87.73		83.98	95.49
45	32:00	<b>298</b>	Ben Grant		V65 Harrogate Harriers	87.44		83.25	96.33
46	32:01	<b>169</b>	Owain Gwilym		Dragon Aire	87.16			86.40
47	32:07	<b>739</b>	Andy Robinson		Knaresborough Striders	86.87			83.55
48	32:11	<b>694</b>	Chris Plews		V40 Wetherby Runners	86.59		82.52	88.70
49	32:17	<b>271</b>	Emma Robinson	F	Harrogate Harriers	86.30	98.00		92.35
50	32:18	<b>741</b>	Dan Wilson		Knaresborough Striders	86.02			83.08
51	32:29	<b>500</b>	Donna Riddler	F	V35 Ripon Runners	85.73	97.34	98.36	94.95
52	32:33	<b>300</b>	Andrew Sykes		V50 Harrogate Harriers	85.44		81.80	93.68
53	32:35	<b>609</b>	Bryan Miller		Thirsk and Sowerby Harriers	85.16			82.35
54	32:37	<b>315</b>	Ben Joynson		Ilkley Harriers AC	84.87			84.81
55	32:38	<b>544</b>	Stephen Butler		Ripon Runners	84.59			84.77
56	32:39	<b>204</b>	Darren West		V50 Harrogate Harriers	84.30		81.07	93.39
57	32:40	<b>428</b>	Neil Bowmer		V45 Swaledale Road Runners	84.02		80.34	90.27
58	32:43	<b>4</b>	Tom Lynch		Otley AC	83.73			82.02
59	32:44	<b>854</b>	Richard Annable		V55 Skipton AC	83.45		79.61	94.50
60	32:47	<b>806</b>	Sam Fugill		Nidd Valley Road Runners	83.16			81.85
61	32:49	<b>196</b>	Simon Moffatt		V45 Harrogate Harriers	82.88		78.88	89.85
62	32:53	<b>234</b>	Nick Andralojc		V50 Harrogate Harriers	82.59		78.16	92.73
63	32:55	<b>662</b>	Rob Driver		Wetherby Runners	82.31			81.52
64	33:03	<b>220</b>	Adam Newton		Harrogate Harriers	82.02			83.70
65	33:06	<b>734</b>	James Wright		Knaresborough Striders	81.74			81.07
66	33:08	<b>587</b>	Ken Wood		Thirsk and Sowerby Harriers	81.45			83.49
67	33:08	<b>819</b>	Paul Geary		Nidd Valley Road Runners	81.17			80.99
68	33:10	<b>873</b>	Ben Davies		Skipton AC	80.88			80.90
69	33:15	<b>186</b>	Michael Gill		V45 Harrogate Harriers	80.59		77.43	88.68

70	33:16	<b>777</b>	Simon Williams		V45	Vocalink Running Club	80.31			76.70		88.64
71	33:17	<b>517</b>	Andy Turner		V55	Ripon Runners	80.02			75.97	92.66	95.98
72	33:19	<b>737</b>	Ian Mitchell		V50	Knaresborough Striders	79.74			75.25		91.52
73	33:21	<b>246</b>	Stuart Helmore			Harrogate Harriers	79.45					80.46
74	33:30	<b>535</b>	Michael Hall		V45	Ripon Runners	79.17			74.52		88.02
75	33:36	<b>653</b>	David Fennah		V40	Wetherby Runners	78.88			73.79		84.96
76	33:36	<b>707</b>	Emily Legg	F		Wetherby Runners	78.60	96.67				91.79
77	33:51	<b>422</b>	Jackie Keavney	F	V50	Swaledale Road Runners	78.31	96.01	97.54			101.63
78	33:56	<b>206</b>	Stephen Kirk		V40	Harrogate Harriers	78.03			73.06		84.12
79	34:00	<b>405</b>	Alan Mackay		V40	Swaledale Road Runners	77.74			72.33		83.96
80	34:02	<b>735</b>	Stewart Hymas		V40	Knaresborough Striders	77.46			71.61		83.88
81	34:03	<b>655</b>	Andrew Wheeler		V55	Wetherby Runners	77.17			70.88	90.83	93.82
82	34:03	<b>749</b>	Philip Cornforth		V45	Knaresborough Striders	76.89			70.15		86.60
83	34:05	<b>817</b>	Carol Morgan	F	V40	Nidd Valley Road Runners	76.60	95.34	96.72			93.72
84	34:07	<b>28</b>	Tom Paget			Otley AC	76.31					78.65
85	34:14	<b>431</b>	Robbie Kelly		V55	Swaledale Road Runners	76.03			69.42	89.00	93.31
86	34:17	<b>487</b>	Matthew Holt		V40	Ripon Runners	75.74			68.69		83.27
87	34:20	<b>601</b>	Graham Robinson		V60	Thirsk and Sowerby Harriers	75.46			67.97	87.16	97.69
88	34:20	<b>877</b>	Matt Tupling		V40	Dragon Aire	75.17			67.24		83.14
89	34:22	<b>450</b>	Rosie Adams	F		Richmond and Zetland Harrie	74.89	94.68				86.76
90	34:23	<b>874</b>	Richard Johnson		V45	Skipton AC	74.60			66.51		85.76
91	34:24	<b>256</b>	Kevin-Malachy Murphy		V55	Harrogate Harriers	74.32			65.78	85.33	92.86
92	34:28	<b>885</b>	Rebecca Streets	F		Dragon Aire	74.03	94.02				86.50
93	34:29	<b>212</b>	Simon Childs		V45	Harrogate Harriers	73.75			65.05		85.51
94	34:29	<b>805</b>	Jonathan Easton			Nidd Valley Road Runners	73.46					80.22
95	34:30	<b>773</b>	Nick Wagstaff		V40	Vocalink Running Club	73.18			64.33		82.74
96	34:30	<b>845</b>	Simon Franklin		V45	Nidd Valley Road Runners	72.89			63.60		85.47
97	34:34	<b>182</b>	Rosalyn Moore	F	V35	Harrogate Harriers	72.61	93.35	95.90			89.23
98	34:34	<b>294</b>	Paul Halliday		V40	Harrogate Harriers	72.32			62.87		82.58
99	34:39	<b>188</b>	Sarah Gill	F	V50	Harrogate Harriers	72.04	92.69	95.09			99.28
100	34:40	<b>276</b>	Dan Oxtoby		V40	Harrogate Harriers	71.75			62.14		82.34
101	34:42	<b>447</b>	Andrew Everard			Richmond and Zetland Harrie	71.46					79.72
102	34:44	<b>519</b>	Tony White		V60	Ripon Runners	71.18			61.41	83.50	96.57
103	34:45	<b>751</b>	Conrad Garcia			Knaresborough Striders	70.89					79.61
104	34:51	<b>863</b>	Anne-Marie Bulcock	F	V45	Skipton AC	70.61	92.02	94.27			95.06

105	34:53	<b>765</b>	Steve Garlick		V50	Vocalink Running Club	70.32			60.69		87.41
106	34:58	<b>851</b>	Dave Gorman		V50	Skipton AC	70.04			59.96		87.20
107	34:58	<b>272</b>	Julie Patmore	F	V50	Harrogate Harriers	69.75	91.36	93.45			98.38
108	35:06	<b>59</b>	Hosker Chris			Otley AC	69.47					78.81
109	35:06	<b>667</b>	Phoebe Coster	F	U18	Wetherby Runners	69.18	90.69				91.01
110	35:11	<b>891</b>	Paul Grindley		V50	Dragon Aire	68.90			59.23		86.67
111	35:12	<b>556</b>	Claire Jamieson	F	V50	Ripon Runners	68.61	90.03	92.63			97.73
112	35:14	<b>200</b>	Rob Athey		V40	Harrogate Harriers	68.33			58.50		81.02
113	35:14	<b>187</b>	Stephen Nesbitt		V45	Harrogate Harriers	68.04			57.77		83.69
114	35:15	<b>762</b>	Nicola Carter	F	V40	Knaresborough Striders	67.76	89.36	91.81			90.62
115	35:15	<b>697</b>	Alex Bradbury			Wetherby Runners	67.47					76.12
116	35:16	<b>603</b>	John Withinshaw		V40	Thirsk and Sowerby Harriers	67.19			57.05		80.94
117	35:18	<b>763</b>	Sime Lowery	F	V40	Knaresborough Striders	66.90	88.70	91.00			90.49
118	35:25	<b>192</b>	Jodie Peary	F		Harrogate Harriers	66.61	88.04				84.18
119	35:25	<b>559</b>	Richard Schofield			Ripon Runners	66.33					75.76
120	35:26	<b>659</b>	Richard Bell		V45	Wetherby Runners	66.04			56.32		83.22
121	35:26	<b>122</b>	Kevin Nicholas		V50	Dragon Aire	65.76			55.59		86.06
122	35:26	<b>352</b>	Philip Hurst		V55	Ilkley Harriers AC	65.47			54.86	81.66	90.15
123	35:26	<b>32</b>	Gary Cochraine		V40	Otley AC	65.19			54.13		80.56
124	35:27	<b>654</b>	Nina Batt	F		Wetherby Runners	64.90	87.37				84.10
125	35:27	<b>562</b>	Colm O'Cofaigh		V45	Ripon Runners	64.62			53.41		83.18
126	35:27	<b>627</b>	David Fawkes			Thirsk and Sowerby Harriers	64.33					78.03
127	35:27	<b>549</b>	Ray Johnstone		V55	Ripon Runners	64.05			52.68	79.83	90.11
128	35:28	<b>664</b>	John Field		V45	Wetherby Runners	63.76			51.95		83.14
129	35:28	<b>261</b>	Shaun Morrison			Harrogate Harriers	63.48					75.66
130	35:28	<b>337</b>	Julie Watson	F	V45	Ilkley Harriers AC	63.19	86.71	90.18			93.40
131	35:28	<b>605</b>	Rob Lickley		V40	Thirsk and Sowerby Harriers	62.91			51.22		80.49
132	35:29	<b>629</b>	Charlotte Wilton	F	V35	Thirsk and Sowerby Harriers	62.62	86.04	89.36			86.92
133	35:35	<b>668</b>	Andrea Normington	F	V50	Wetherby Runners	62.34	85.38	88.54			96.68
134	35:37	<b>201</b>	Sue Moul	F	V45	Harrogate Harriers	62.05	84.71	87.72			93.01
135	35:39	<b>236</b>	Tom Borrowdale			Harrogate Harriers	61.76					75.27
136	35:39	<b>671</b>	Gill Edmondson	F	V35	Wetherby Runners	61.48	84.05	86.90			86.52
137	35:41	<b>72</b>	Christopher Gilberthorpe		V40	Otley AC	61.19			50.50		80.00
138	35:42	<b>536</b>	Suzanne Rickard	F	V40	Ripon Runners	60.91	83.38	86.09			89.48
139	35:45	<b>9</b>	Andy Webster		V40	Otley AC	60.62			49.77		79.85

140	35:46	<b>665</b>	Emma Coster	F	V40	Wetherby Runners	60.34	82.72	85.27			89.31
141	35:47	<b>658</b>	Claire Robinson	F		Wetherby Runners	60.05	82.06				83.32
142	35:49	<b>816</b>	Paul Eagling			Nidd Valley Road Runners	59.77					74.92
143	35:54	<b>547</b>	John Chatwin			Ripon Runners	59.48					77.06
144	35:55	<b>238</b>	Steve Woollven		V40	Harrogate Harriers	59.20			49.04		79.48
145	36:04	<b>27</b>	Matt Podd		V55	Otley AC	58.91			48.31	78.00	88.57
146	36:04	<b>267</b>	Donald Morgan		V50	Harrogate Harriers	58.63			47.58		84.54
147	36:04	<b>858</b>	Mel Ives	F		Skipton AC	58.34	81.39				82.67
148	36:06	<b>534</b>	Anneke Imeson	F	V35	Ripon Runners	58.06	80.73	84.45			85.44
149	36:09	<b>45</b>	Peter Gosling			Otley AC	57.77					76.52
150	36:09	<b>685</b>	Pete Allanach		V45	Wetherby Runners	57.48			46.86		81.57
151	36:12	<b>864</b>	Hilary Seward	F	V50	Skipton AC	57.20	80.06	83.63			95.03
152	36:13	<b>829</b>	Emma Dooley	F	V40	Nidd Valley Road Runners	56.91	79.40	82.81			88.20
153	36:19	<b>838</b>	Alison Isles	F	V40	Nidd Valley Road Runners	56.63	78.73	82.00			87.96
154	36:21	<b>22</b>	Ian Broadbent		V45	Otley AC	56.34			46.13		81.12
155	36:22	<b>748</b>	Andy Roberts		V50	Knareborough Striders	56.06			45.40		83.85
156	36:23	<b>191</b>	Russell Gregory		V55	Harrogate Harriers	55.77			44.67	76.16	87.80
157	36:24	<b>68</b>	Carl Walsh		V50	Otley AC	55.49			43.94		83.77
158	36:26	<b>57</b>	Chris Tomlinson			Otley AC	55.20					75.93
159	36:27	<b>673</b>	Paul Dennison		V50	Wetherby Runners	54.92			43.22		83.66
160	36:34	<b>436</b>	Andy Gaines		V50	Swaledale Road Runners	54.63			42.49		83.39
161	36:36	<b>598</b>	Steven Scott		V45	Thirsk and Sowerby Harriers	54.35			41.76		80.57
162	36:43	<b>869</b>	Jayne Butterworth	F	V50	Skipton AC	54.06	78.07	81.18			93.70
163	36:43	<b>624</b>	Alan Pollock			Thirsk and Sowerby Harriers	53.78					73.08
164	36:49	<b>511</b>	Simon Mccudden		V55	Ripon Runners	53.49			41.03	74.33	86.77
165	36:50	<b>812</b>	Ian Mcleod		V55	Nidd Valley Road Runners	53.21			40.30	72.50	86.73
166	36:52	<b>48</b>	Michael Pickard		V45	Otley AC	52.92			39.58		79.98
167	36:52	<b>205</b>	Amy Hill	F		Harrogate Harriers	52.63	77.40				80.87
168	36:59	<b>448</b>	Ray Robinson		V45	Richmond and Zetland Harrie	52.35			38.85		79.73
169	37:02	<b>835</b>	Paul Manning		V45	Nidd Valley Road Runners	52.06			38.12		79.62
170	37:03	<b>507</b>	Jo Wallace	F	V50	Ripon Runners	51.78	76.74	80.36			92.85
171	37:04	<b>828</b>	Christine Holleran	F	V50	Nidd Valley Road Runners	51.49	76.08	79.54			92.81
172	37:05	<b>744</b>	Sean Brennan		V45	Knareborough Striders	51.21			37.39		79.52
173	37:06	<b>563</b>	Ben Conroy			Ripon Runners	50.92					72.33
174	37:09	<b>742</b>	Derek Calvert		V55	Knareborough Striders	50.64			36.66	70.66	85.99

175	37:19	<b>505</b>	Nicole Sutton	F	V40	Ripon Runners	50.35	75.41	78.72			85.60
176	37:22	<b>674</b>	Debbie Dennison	F	V50	Wetherby Runners	50.07	74.75	77.90			92.07
177	37:23	<b>421</b>	Stuart Hardcastle		V55	Swaledale Road Runners	49.78			35.94	68.83	85.45
178	37:24	<b>770</b>	Steve Peters		V40	Vocalink Running Club	49.50			35.21		76.33
179	37:24	<b>699</b>	Helen Buglass	F	V40	Wetherby Runners	49.21	74.08	77.09			85.41
180	37:25	<b>446</b>	Raymond Robson		V45	Richmond and Zetland Harrie	48.93			34.48		78.81
181	37:29	<b>493</b>	Stan Appleton		V65	Ripon Runners	48.64			33.75	67.00	94.19
182	37:32	<b>279</b>	Tony Essex		V65	Harrogate Harriers	48.36			33.02	65.16	94.07
183	37:33	<b>599</b>	Stu Waters		V45	Thirsk and Sowerby Harriers	48.07			32.30		78.53
184	37:36	<b>772</b>	Andrew Tattersall		V45	Vocalink Running Club	47.78			31.57		78.42
185	37:37	<b>635</b>	Peter Richardson		V50	Thirsk and Sowerby Harriers	47.50			30.84		81.06
186	37:39	<b>918</b>	Alan Couldwell		V45	Harrogate Harriers	47.21			30.11		78.32
187	37:41	<b>195</b>	Nigel Wright		V50	Harrogate Harriers	46.93			29.38		80.92
188	37:47	<b>561</b>	John Smith		V60	Ripon Runners	46.64			28.66	63.33	88.77
189	37:48	<b>207</b>	Melanie Rice	F	V40	Harrogate Harriers	46.36	73.42	76.27			84.51
190	37:49	<b>254</b>	Sarah Beecher	F	V50	Harrogate Harriers	46.07	72.75	75.45			90.97
191	37:51	<b>775</b>	Alex Whapples	F	V45	Vocalink Running Club	45.79	72.09	74.63			87.52
192	37:51	<b>488</b>	Jill Holt	F	V45	Ripon Runners	45.50	71.42	73.81			87.52
193	37:52	<b>208</b>	Angela Barker-Charleton	F	V45	Harrogate Harriers	45.22	70.76	73.00			87.48
194	37:54	<b>7</b>	Paul Clifford		V45	Otley AC	44.93			27.93		77.80
195	37:57	<b>343</b>	Christine Cox	F	V55	Ilkley Harriers AC	44.65	70.10	72.18		61.50	95.55
196	37:59	<b>822</b>	Christine Jones	F	V50	Nidd Valley Road Runners	44.36	69.43	71.36			90.57
197	38:01	<b>799</b>	Fiona Deacon	F	V50	Nidd Valley Road Runners	44.08	68.77	70.54			90.49
198	38:04	<b>676</b>	Pete Callaghan		V50	Wetherby Runners	43.79			27.20		80.10
199	38:05	<b>527</b>	Ian Swincoe		V45	Ripon Runners	43.51			26.47		77.43
200	38:07	<b>160</b>	Peter Bryant		V50	Dragon Aire	43.22			25.75		80.00
201	38:13	<b>520</b>	Heather Glegg	F	V45	Ripon Runners	42.93	68.10	69.72			86.68
202	38:14	<b>121</b>	Steve Clayson			Dragon Aire	42.65					70.18
203	38:15	<b>602</b>	Nicola Jenkins	F	V35	Thirsk and Sowerby Harriers	42.36	67.44	68.90			80.64
204	38:21	<b>486</b>	Chris Appleton		V55	Ripon Runners	42.08			25.02	59.66	83.30
205	38:23	<b>604</b>	Helen Ashworth	F	V45	Thirsk and Sowerby Harriers	41.79	66.77	68.09			86.31
206	38:23	<b>123</b>	Paul Crabtree			Dragon Aire	41.51					72.07
207	38:24	<b>210</b>	James Hawkins			Harrogate Harriers	41.22					72.04
208	38:25	<b>437</b>	Michael Rosher		V45	Swaledale Road Runners	40.94			24.29		76.76
209	38:25	<b>560</b>	John Ward		V65	Ripon Runners	40.65			23.56	57.83	91.91

210	38:28	<b>522</b>	Anne Cheeseman	F	V50	Ripon Runners	40.37	66.11	67.27			89.43
211	38:30	<b>512</b>	Andy Purll		V40	Ripon Runners	40.08			22.83		74.15
212	38:34	<b>879</b>	Nick Ford			Dragon Aire	39.80					69.58
213	38:36	<b>796</b>	James Cook		V45	Nidd Valley Road Runners	39.51			22.11		76.39
214	38:37	<b>861</b>	Emma Newbould	F	V45	Skipton AC	39.23	65.44	66.45			85.79
215	38:42	<b>17</b>	Eriks Zuaigzne		V60	Otley AC	38.94			21.38	56.00	86.67
216	38:45	<b>218</b>	Angela Peace	F		Harrogate Harriers	38.65	64.78				76.94
217	38:48	<b>199</b>	Eve Hawkins	F	V35	Harrogate Harriers	38.37	64.12	65.63			79.49
218	38:51	<b>696</b>	Drew Ward		V60	Wetherby Runners	38.08			20.65	54.16	86.34
219	38:52	<b>591</b>	Andy Butcher		V45	Thirsk and Sowerby Harriers	37.80			19.92		75.87
220	38:55	<b>555</b>	Georgia Wigby	F		Ripon Runners	37.51	63.45				79.25
221	38:58	<b>14</b>	Mary Hampshire	F	V45	Otley AC	37.23	62.79	64.81			85.02
222	38:59	<b>626</b>	Martin Cummins		V60	Thirsk and Sowerby Harriers	36.94			19.19	52.33	86.04
223	39:01	<b>837</b>	Emma David	F	V35	Nidd Valley Road Runners	36.66	62.12	64.00			79.05
224	39:04	<b>688</b>	Alison Dooley	F	V50	Wetherby Runners	36.37	61.46	63.18			88.06
225	39:06	<b>875</b>	Hazel Ives	F	V55	Skipton AC	36.09	60.79	62.36		50.50	92.74
226	39:07	<b>280</b>	Martin Umpleby		V40	Harrogate Harriers	35.80			18.47		72.98
227	39:11	<b>860</b>	Sue Marshall	F	V50	Skipton AC	35.52	60.13	61.54			87.80
228	39:12	<b>190</b>	Juliette Gregory	F	V50	Harrogate Harriers	35.23	59.46	60.72			87.76
229	39:16	<b>767</b>	Gareth Hardcastle			Vocalink Running Club	34.95					70.45
230	39:21	<b>403</b>	Vicki Howe	F	V50	Swaledale Road Runners	34.66	58.80	59.90			87.42
231	39:22	<b>268</b>	Angus Morgan			Harrogate Harriers	34.38					70.27
232	39:22	<b>284</b>	Kathryn Winstanley	F	V45	Harrogate Harriers	34.09	58.14	59.09			84.15
233	39:22	<b>850</b>	Brian Hugill		V45	Skipton AC	33.80			17.74		74.90
234	39:25	<b>26</b>	Andrew Raynor		V45	Otley AC	33.52			17.01		74.81
235	39:29	<b>780</b>	Luke Fitzgerald		V45	Vocalink Running Club	33.23			16.28		74.68
236	39:32	<b>509</b>	Lesley Willoughby	F	V45	Ripon Runners	32.95	57.47	58.27			83.80
237	39:33	<b>823</b>	Jenny Manning	F	V40	Nidd Valley Road Runners	32.66	56.81	57.45			80.77
238	39:34	<b>264</b>	Tim Bennett	F	V45	Harrogate Harriers	32.38	56.14	56.63			83.73
239	39:37	<b>859</b>	Helen Lindley	F	V45	Skipton AC	32.09	55.48	55.81			83.62
240	39:37	<b>691</b>	Neil Berry			Wetherby Runners	31.81					69.83
241	39:39	<b>608</b>	Brian Smith		V40	Thirsk and Sowerby Harriers	31.52			15.55		72.00
242	39:40	<b>610</b>	Claire Gillian	F		Thirsk and Sowerby Harriers	31.24	54.81				75.16
243	39:42	<b>435</b>	Janet Ilsley	F	V50	Swaledale Road Runners	30.95	54.15	55.00			86.65
244	39:43	<b>225</b>	Kathryn Dransfield	F		Harrogate Harriers	30.67	53.48				75.07



245	39:46	<b>189</b>	Stephanie Bryant	F		Harrogate Harriers	30.38	52.82				74.97
246	39:51	<b>628</b>	Malcolm Aitken			Thirsk and Sowerby Harriers	30.10					69.42
247	39:55	<b>768</b>	Sarah Hart	F	V40	Vocalink Running Club	29.81	52.16	54.18			80.03
248	39:56	<b>820</b>	Rachel Eastaff	F		Nidd Valley Road Runners	29.53	51.49				74.66
249	39:59	<b>46</b>	Colin Best		V60	Otley AC	29.24			14.83	48.66	83.89
250	40:00	<b>149</b>	Sarah Tomlinson	F	V40	Dragon Aire	28.95	50.83	53.36			79.86
251	40:03	<b>203</b>	Paul Berwin		V55	Harrogate Harriers	28.67			14.10	46.83	79.76
252	40:06	<b>427</b>	Ros Blackmore	F	V45	Swaledale Road Runners	28.38	50.16	52.54			82.61
253	40:21	<b>432</b>	Ronnie Casser		V70	Swaledale Road Runners	28.10			13.37	45.00	92.36
254	40:22	<b>163</b>	Lauren Tasker	F		Dragon Aire	27.81	49.50				73.86
255	40:23	<b>872</b>	Emma Yiu	F	V35	Skipton AC	27.53	48.83	51.72			76.38
256	40:25	<b>227</b>	Richard Burton		V55	Harrogate Harriers	27.24			12.64	43.16	79.04
257	40:28	<b>753</b>	Pamala Singleton	F	V50	Knaresborough Striders	26.96	48.17	50.90			85.01
258	40:36	<b>50</b>	Philip Robinson		V70	Otley AC	26.67			11.91	41.33	91.79
259	40:38	<b>126</b>	Nicky Stevenson	F	V40	Dragon Aire	26.39	47.51	50.09			78.62
260	40:43	<b>825</b>	Sarah Hughan	F	V35	Nidd Valley Road Runners	26.10	46.84	49.27			75.75
261	40:46	<b>868</b>	Angela Dowbiggan	F	V45	Skipton AC	25.82	46.18	48.45			81.26
262	40:48	<b>226</b>	Emma Moore	F	V40	Harrogate Harriers	25.53	45.51	47.63			78.30
263	40:53	<b>147</b>	Helen Forey	F	V45	Dragon Aire	25.25	44.85	46.81			81.03
264	40:59	<b>504</b>	Kelly Dunkley	F		Ripon Runners	24.96	44.18				72.75
265	40:59	<b>165</b>	Carolyn Park	F	V40	Dragon Aire	24.68	43.52	46.00			77.94
266	41:00	<b>331</b>	Julie Elmes	F	V45	Ilkley Harriers AC	24.39	42.85	45.18			80.80
267	41:08	<b>831</b>	Debbie Gibson	F	V50	Nidd Valley Road Runners	24.10	42.19	44.36			83.63
268	41:09	<b>782</b>	Adrian Cobbin		V40	Vocalink Running Club	23.82			11.19		69.37
269	41:11	<b>510</b>	Tim Joynson		V55	Ripon Runners	23.53			10.46	39.50	77.57
270	41:13	<b>333</b>	Paul Sugden		V50	Ilkley Harriers AC	23.25			9.73		73.98
271	41:25	<b>826</b>	Debbie Dilasser	F	V35	Nidd Valley Road Runners	22.96	41.53	43.54			74.47
272	41:28	<b>15</b>	Sue Tupling	F	V45	Otley AC	22.68	40.86	42.72			79.89
273	41:30	<b>134</b>	Karen Kirkbright	F	V50	Dragon Aire	22.39	40.20	41.90			82.90
274	41:31	<b>843</b>	Sarah Gordon	F	V40	Nidd Valley Road Runners	22.11	39.53	41.09			76.94
275	41:34	<b>503</b>	Helena Conlin	F	V45	Ripon Runners	21.82	38.87	40.27			79.70
276	41:38	<b>808</b>	Nick Smith		V55	Nidd Valley Road Runners	21.54			9.00	37.66	76.73
277	41:43	<b>2</b>	Joanna Hobson	F	V55	Otley AC	21.25	38.20	39.45		35.83	86.92
278	41:43	<b>8</b>	Tom Hannah		V65	Otley AC	20.97			8.27	34.00	84.64
279	41:43	<b>881</b>	Margaret Britton	F	V60	Dragon Aire	20.68	37.54	38.63		32.16	91.89

280	41:43	<b>146</b>	Andrea Stevenson	F	V50	Dragon Aire	20.40	36.87	37.81			82.47
281	41:44	<b>766</b>	Richard Gorman		V40	Vocalink Running Club	20.11			7.55		68.40
282	41:48	<b>518</b>	Jackie Turner	F	V50	Ripon Runners	19.82	36.21	37.00			82.30
283	42:08	<b>670</b>	Kate Thomas	F	V35	Wetherby Runners	19.54	35.55	36.18			73.20
284	42:11	<b>867</b>	Mel Steventon	F		Skipton AC	19.25	34.88				70.68
285	42:17	<b>424</b>	Elizabeth Sowter	F	V55	Swaledale Road Runners	18.97	34.22	35.36		30.33	85.76
286	42:18	<b>316</b>	Don Macrae		V65	Ilkley Harriers AC	18.68			6.82	28.50	83.47
287	42:28	<b>55</b>	Martin Weston			Otley AC	18.40					65.14
288	42:31	<b>618</b>	Faith Coy	F	V40	Thirsk and Sowerby Harriers	18.11	33.55	34.54			75.13
289	42:51	<b>164</b>	Gary Waite		V50	Dragon Aire	17.83			6.09		71.16
290	42:59	<b>495</b>	Fiona Alder	F	V55	Ripon Runners	17.54	32.89	33.72		26.66	84.36
291	43:05	<b>656</b>	Samantha Parker	F	V45	Wetherby Runners	17.26	32.22	32.90			76.89
292	43:08	<b>501</b>	Chris Bennett		V65	Ripon Runners	16.97			5.36	24.83	81.86
293	43:09	<b>620</b>	Louise Thompson	F	V35	Thirsk and Sowerby Harriers	16.69	31.56	32.09			71.48
294	43:10	<b>221</b>	Jillie Townend	F	V55	Harrogate Harriers	16.40	30.89	31.27		23.00	84.00
295	43:11	<b>283</b>	Wendy Bennett	F	V40	Harrogate Harriers	16.12	30.23	30.45			73.97
296	43:13	<b>680</b>	Pete Galley		V60	Wetherby Runners	15.83			4.63	21.16	77.61
297	43:17	<b>142</b>	Clare Pierce	F	V60	Dragon Aire	15.55	29.57	29.63		19.33	88.56
298	43:30	<b>809</b>	Alison Little	F	V45	Nidd Valley Road Runners	15.26	28.90	28.81			76.16
299	43:45	<b>135</b>	Arlene Davies	F	V50	Dragon Aire	14.97	28.24	28.00			78.63
300	43:46	<b>409</b>	Karen Palmer	F	V50	Swaledale Road Runners	14.69	27.57	27.18			78.60
301	43:47	<b>420</b>	Martin Luxton		V60	Swaledale Road Runners	14.40			3.91	17.50	76.61
302	43:58	<b>402</b>	Sarah Norman	F	V35	Swaledale Road Runners	14.12	26.91	26.36			70.15
303	44:03	<b>148</b>	Leah Forey	F	U16	Dragon Aire	13.83	26.24				72.52
304	44:07	<b>498</b>	Mel Dutka	F	V50	Ripon Runners	13.55	25.58	25.54			77.98
305	44:19	<b>326</b>	Emma O'Looney	F	V45	Ilkley Harriers AC	13.26	24.91	24.72			74.75
306	44:20	<b>143</b>	Zoe Dooley	F	V40	Dragon Aire	12.98	24.25	23.90			72.06
307	44:41	<b>16</b>	Dominic Egan		V45	Otley AC	12.69			3.18		65.99
308	44:45	<b>827</b>	Ewa Scott	F	V40	Nidd Valley Road Runners	12.41	23.59	23.09			71.38
309	44:48	<b>406</b>	Karen Thompson	F	V50	Swaledale Road Runners	12.12	22.92	22.27			76.79
310	44:54	<b>821</b>	Michelle Smith	F	V45	Nidd Valley Road Runners	11.84	22.26	21.45			73.78
311	45:04	<b>292</b>	Amy Whiting	F		Harrogate Harriers	11.55	21.59				66.16
312	45:08	<b>44</b>	Emma Thomson	F		Otley AC	11.27	20.93				66.06
313	45:19	<b>241</b>	Elizabeth Watson	F	V45	Harrogate Harriers	10.98	20.26	20.63			73.10
314	45:24	<b>634</b>	Trish Radford	F	V55	Thirsk and Sowerby Harriers	10.70	19.60	19.81		15.66	79.87

315	45:25	<b>636</b>	Sarah Jones	F	V35	Thirsk and Sowerby Harriers	10.41	18.93	19.00			67.91
316	45:32	<b>145</b>	Caroline Bradley	F	V50	Dragon Aire	10.12	18.27	18.18			75.55
317	45:34	<b>516</b>	Alison Clarke	F	V40	Ripon Runners	9.84	17.61	17.36			70.10
318	45:36	<b>880</b>	Clare Ford	F		Dragon Aire	9.55	16.94				65.38
319	45:51	<b>407</b>	Shelagh Pearce	F	V55	Swaledale Road Runners	9.27	16.28	16.54		13.83	79.09
320	45:52	<b>289</b>	Matthew Lucock			Harrogate Harriers	8.98					58.50
321	46:00	<b>419</b>	Christina Sayer	F	V55	Swaledale Road Runners	8.70	15.61	15.72		12.00	78.83
322	46:01	<b>810</b>	Tony Ledwaba-Chapman		V70	Nidd Valley Road Runners	8.41			2.45	10.16	80.99
323	46:01	<b>616</b>	Rachel Stanfield	F		Thirsk and Sowerby Harriers	8.13	14.95				64.79
324	46:02	<b>496</b>	Angie Benson	F	V50	Ripon Runners	7.84	14.28	14.90			74.73
325	46:03	<b>523</b>	Dawn Griffin	F	V50	Ripon Runners	7.56	13.62	14.09			74.71
326	46:05	<b>127</b>	Andrea Willbond	F	V65	Dragon Aire	7.27	12.95	13.27		8.33	88.22
327	46:09	<b>524</b>	Julie Merrin	F	V40	Ripon Runners	6.99	12.29	12.45			69.22
328	46:39	<b>830</b>	Jane Hill	F	V40	Nidd Valley Road Runners	6.70	11.63	11.63			68.48
329	46:54	<b>833</b>	Aimi Blueman	F	V40	Nidd Valley Road Runners	6.42	10.96	10.81			68.11
330	47:33	<b>818</b>	Natalie Lancosova	F		Nidd Valley Road Runners	6.13	10.30				62.70
331	47:35	<b>736</b>	David Sowray		V50	Knaresborough Striders	5.85			1.72		64.08
332	47:50	<b>675</b>	Sharon Smith	F	V55	Wetherby Runners	5.56	9.63	10.00		6.50	75.81
333	48:31	<b>622</b>	Clare Goacher	F		Thirsk and Sowerby Harriers	5.27	8.97				61.45
334	48:32	<b>129</b>	Claire Featherstone	F		Dragon Aire	4.99	8.30				61.43
335	48:56	<b>152</b>	Alison Parker	F	V50	Dragon Aire	4.70	7.64	9.18			70.30
336	49:14	<b>623</b>	Phillip Craig			Thirsk and Sowerby Harriers	4.42					54.50
337	49:25	<b>754</b>	Dawn Richardson	F	V50	Knaresborough Striders	4.13	6.97	8.36			69.62
338	49:52	<b>625</b>	Jane Cummins	F	V50	Thirsk and Sowerby Harriers	3.85	6.31	7.54			68.99
339	49:56	<b>132</b>	Suzanne Shaw	F	V45	Dragon Aire	3.56	5.65	6.72			66.34
340	50:13	<b>131</b>	Anne Lipman	F	V50	Dragon Aire	3.28	4.98	5.90			68.51
341	50:26	<b>832</b>	Michelle Dinsdale	F	V40	Nidd Valley Road Runners	2.99	4.32	5.09			63.34
342	50:46	<b>144</b>	Rachel Maskill-Rogan	F	V45	Dragon Aire	2.71	3.65	4.27			65.25
343	51:27	<b>614</b>	Drikus Van Der Westhuizen			Thirsk and Sowerby Harriers	2.42					53.77
344	51:28	<b>550</b>	Paula Johnstone	F	V45	Ripon Runners	2.14	2.99	3.45			64.37
345	51:54	<b>529</b>	Linda Cadman	F	V60	Ripon Runners	1.85	2.32	2.63		4.66	73.86
346	52:01	<b>592</b>	Ian Codling		V75	Thirsk and Sowerby Harriers	1.57			1.00	2.83	75.86
347	60:00	<b>159</b>	Susan Carey	F	V45	Dragon Aire	1.28	1.66	1.81			55.21
348	60:14	<b>593</b>	Marian Codling	F	V70	Thirsk and Sowerby Harriers	1.00	1.00	1.00		1.00	71.85